



PANAM AQUATICS SWIMMING

PanAm Aquatics Age Group Swimming Championships San Juan 2024

SUMMONS

Qualifying event for:
World Aquatics Junior Swimming Championships 2025
Pan American Junior Games Asuncion 2025

August 22 - 25, 2024
Hosted by Puerto Rico Aquatics
San Juan, Puerto Rico

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PanAm Aquatics and the Puerto Rico Aquatics are pleased to invite your Federation to participate in the PanAm Aquatics Age Group Swimming Championships San Juan 2024, August 22 to 25, at the *Natatorio de San Juan*, San Juan, Puerto Rico. Located in Parque Central de San Juan, Avenida John F. Kennedy, San Juan, Puerto Rico.

EVENT ORGANIZATION

Organizing Committee (“OC”)

Chairperson: Fernando Delgado, presidencia@natacionpr.org
 Venue Coordinator: Vanessa Morales, comisionnatacion@natacionpr.org
 Accommodations: Lydia Santiago, secretariageneral@natacionpr.org
 Protocol and Ceremony: Marieli Morales, comisionclavados@natacionpr.org
 Local Transport: Cecilio Vélez, info@natacionpr.org
 Delegations: Ricardo González, Info@natacionpr.org
 General email OC: info@natacionpr.org

Key dates

Preliminary team entry deadline: **June 7, 2024**
 Hotel booking form deadline: **July 1, 2024**
 50% Down payment on Lodging and Food: **July 8, 2024**
 Final team entry deadline: **August 1, 2024**
 Team arrival/departure form deadline: **August 2, 2024**
 Full Payment on Lodging and Food: **August 5, 2024**
 Arrival Delegations: **August 19, 2024**
 Training Days: **August 20-21, 2024**
 Technical meeting: **August 21, 2024**
 Competition dates: **August 22-25, 2024**
 Departure Delegations: **August 26, 2024**

Tentative Schedule

August 20 (day -1)	Training
August 21 (day 0)	Training & Technical Meeting
August 22 (day 1)	Competition Day 1
August 23 (day 2)	Competition Day 2
August 24 (day 3)	Competition Day 3
August 25 (day 4)	Competition Day 4

Detailed Schedule and Competition Program

August 22, 2024

Warm-up: 8:30-10:15 - Competition: 10:30

Event #	Age Group	Event
1W - 2M	OPEN (all)*	800 m Freestyle
3W - 4M	12-14	200 m Individual Medley
5W - 6M	15-18	200 m Individual Medley
7W - 8M	19-21	200 m Individual Medley
9W - 10M	12-14	50 m Breaststroke
11W - 12M	15-18	50 m Breaststroke
13W - 14M	19-21	50 m Breaststroke
15W - 16M	12-14	100 m Freestyle
17W - 18M	15-18	100 m Freestyle
19W - 20M	19-21	100 m Freestyle
<i>10 Minute Break</i>		
21Mix	12-14	4 X 50 m Medley Relay
22Mix	15-18	4 X 50 m Medley Relay
23Mix	19-21	4 X 50 m Medley Relay

* According to the Competition Format.

August 23, 2024

Warm-up: 8:30-10:15 - Competition: 10:30

Event #	Age Group	Event
24W - 25M	OPEN (all)*	400 m Individual Medley
26W - 27M	12-14	200 m Freestyle
28W - 29M	15-18	200 m Freestyle
30W - 31M	19-21	200 m Freestyle
32W - 33M	12-14	100 m Butterfly
34W - 35M	15-18	100 m Butterfly
36W - 37M	19-21	100 m Butterfly
38W - 39M	OPEN (all)*	200 m Breaststroke
40W - 41M	12-14	50 m Backstroke
42W - 43M	15-17	50 m Backstroke
44W - 45M	19-21	50 m Backstroke
<i>10 Minute Break</i>		
46W - 47M	12-14	4 X 100 m Freestyle Relay
48W - 49M	15-18	4 X 100 m Freestyle Relay
50W - 51M	19-21	4 X 100 m Freestyle Relay

August 24, 2024

Warm-up: 8:30-10:15 - Competition: 10:30

Event #	Age Group	Event
52W - 53M	OPEN (all)*	400 m Freestyle
54W - 55M	12-14	100 m Breaststroke
56W - 57M	15-17	100 m Breaststroke
58W - 59M	19-21	100 m Breaststroke
60W - 61M	OPEN (all)*	200 m Backstroke
62W - 63M	12-14	50 m Butterfly
64W - 65M	15-18	50 m Butterfly
66W - 67M	19-21	50 m Butterfly
<i>10 Minute Break</i>		
68W - 69M	12-14	4 x 100 m Medley Relay
70W - 71M	15-18	4 x 100 m Medley Relay
72W - 73M	19-21	4 x 100 m Medley Relay

* According to the Competition Format.

August 25, 2024

Warm-up: 8:30-10:15 - Competition: 10:30

Event #	Age Group	Event
74W - 75M	OPEN (all)*	1500 m Freestyle
76W - 77M	12-14	100 m Backstroke
78W - 79M	15-18	100 m Backstroke
80W - 81M	19-21	100 m Backstroke
82W - 83M	12-14	50 m Freestyle
84W - 85M	15-18	50 m Freestyle
86W - 87M	19-21	50 m Freestyle
88W - 89M	OPEN (all)*	200 m Butterfly
<i>10 Minute Break</i>		
90Mix	12-14	4 X 50 m Freestyle Relay
91Mix	15-18	4 X 50 m Freestyle Relay
92Mix	19-21	4 X 50 m Freestyle Relay

* According to the Competition Format.

Training venue & schedule

The OC will organize official training sessions in the competition venue starting on August 20:

AM: 08:00 - 12:00

PM: 15:00 - 18:00

IMPORTANT: For all those teams arriving earlier than August 20, the OC will provide training options under previous request. Therefore, if your team is planning to arrive earlier than August 20, please contact the OC with your training plans and request so they can organize the training accordingly. Additional charges will apply.

COMPETITION

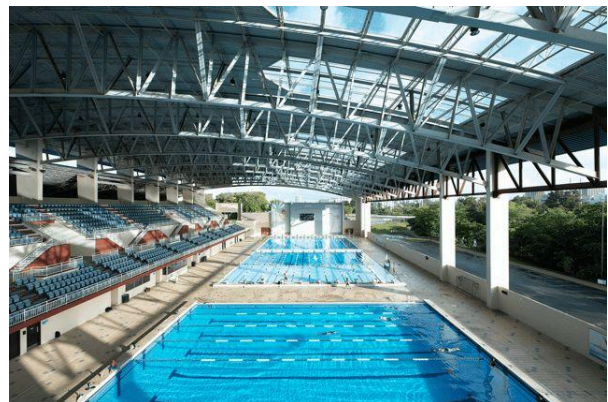
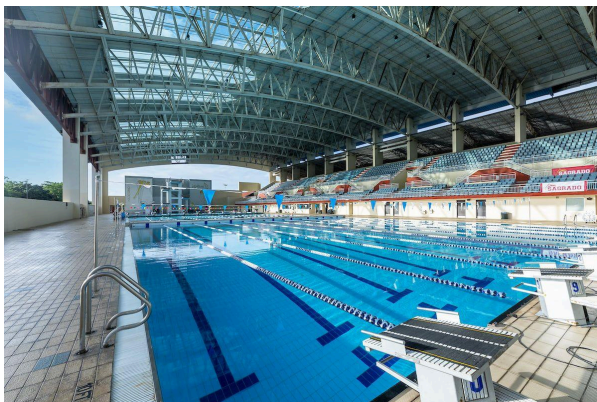
Technical Meeting

The technical meeting will take place at the competition venue on August 21, at 16:00. The meeting will be open to everyone with appropriate accreditation. Team Leaders from each Delegation must attend.

The PanAm Aquatics Swimming Committee Chairperson will lead the meeting, which will be conducted in English and, if required, with translation to Spanish. The Technical Officials meeting will take place immediately after the Technical Meeting.

Competition Venue

Natatorio de San Juan, San Juan Puerto Rico.
Located in San Juan's Parque Central (Central Park).



Entry Rules

The PanAm Aquatics Age Group Swimming Championships are open to entries from competitors in good relation with their National Federations who are members of PanAm Aquatics (PAQ) or of invited World Aquatics (AQUA) member Federations. National Federations teams can take part but also Clubs with permission from their NF are welcome to participate.

The competitor must be a citizen, whether through birth or naturalization, of the country being represented, according to the World Aquatics [Competition-Regulations](#), Part I, Number 3 - Sport Nationality.

Each National Federation or Club will be limited to a maximum of 9 swimmers per age group, male and female, totaling a maximum of 54 swimmers overall. There is no limit to the number of events per swimmer.

Except in relays, no substitutions or alternates will be accepted after submitting the final entries. All relay participants must have been entered in the meet.

No competitor will be allowed to participate in an age group outside of their age group:

- A. 12-14 (2012 - 2010), both genders.
- B. 15-18 (2009 - 2006), both genders.
- C. 19-21 (2005 - 2003), both genders.

Competition Format

All events are timed finals.

The pool will be open 120 minutes before each session for warm-ups, and it will be closed 15 minutes before each session. The warm-up session will be an open lane format with sprinting taking place in lanes 1 and 8, beginning 30 minutes before the end of the warm-up period. Pacing will take place in lanes 0 and 9.

Swimmers must report to the Call Room and be in the swimmers' waiting area at least three heats before the heat or event in which he/she is entered.

In the relays, each country must enter four competitors. The order of swimmers in each relay must be submitted to the Commission one hour before the start of each day's competitions.

For the individual and relay events of the different categories to be recognized as “Championship”, there must be competitors from at least two (2) different countries. If there are not at least two (2) countries participating in an event, the Swimming Committee shall advise the PAQ Chief Operations Officer of the elimination of such event no later than **August 1, 2024**.

Open Events. The following events will be seeded with all categories together and awarded separately:

1. 400 m Individual Medley.
2. 200 m Butterfly.
3. 200 m Breaststroke.
4. 200 m Backstroke.
5. 400 m Freestyle.
6. 800 m Freestyle.
7. 1,500 m Freestyle.

Awards

Medals will be awarded to the first three swimmers in each event. There will be no formal medal presentation ceremony, as time will not permit this. Medals will be available for pickup shortly after the event's conclusion or at the end of the day's proceedings. A commemorative backdrop will be available where swimmers may have photographs taken with their awards.

Individual High Point Award. A high point award will be presented to one swimmer in each age group (female & male) based on the number of points scored in their events. The presentation will take place at the end of the meet.

National Federation Point Award. An NF high point award will be presented to the National Federation winner in each age group (female & male) based on the total number of points scored by adding individual and relay points. The presentation will take place at the end of the meet.

PanAm Aquatics Cup Award. A Championships Cup will be awarded to the National Federation winner in all age groups (female & male) based on the total number of points scored by adding individual and relay points. The presentation will take place at the end of the meet.

Points scored will be awarded in the following order for the 16 first positions: **20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1**. Relays will double the individual points. When more than one team representing is entered, only the highest position of each National Federation or Club will score.

All competitors shall receive a certificate in recognition of their participation.

Clothing and Equipment

Clothing and equipment used by athletes and other participants in the Championships must comply with the documents listed in the World Aquatics [Competition-Regulations](#), Part I, Numbers 7-8, *Rules Applicable to all Aquatic Sports - Swimwear and Wearables and Advertising Identification*.

Anti-Doping

During the competition, anti-doping control tests may be conducted, according to the control rules established by World Aquatics.

Protests

Protests will be resolved under World Aquatics [Competition Regulations, Part I, Number 13](#). Protests must be submitted to the session Referee in writing by the team leader, with a deposit of US\$ 200, within 30 minutes following the conclusion of the respective event. All protests will be considered by the session Referee.

The commission, made up of the following persons present at the event: Executive Committee Liaison, SW Committee Chair, SW Committee Vice Chair and SW Committee Secretary, will consider appeals against decisions by the session Referee and give recommendations to the jury of appeal, whose decision will be final.

Jury of Appeal

For the Championships, the jury of appeal shall consist of a minimum of three persons and will be comprised of the PanAm Aquatics Executive Committee and PanAm Aquatics Honorary Members present and the World Aquatics Delegate (if present) with the PanAm Aquatics President or in her absence a PanAm Aquatics Vice-President and/or PanAm Aquatics Executive Liaison for Swimming as Chairperson.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her PanAm Aquatics Federation is involved. Technical Officials for Swimming shall not be entitled to form part of the jury.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members. The decision of the jury will be final.

Technical Officials

Qualified individuals may apply to Pan Am Aquatics to act as Technical Officials in swimming. All technical officials are expected to cover their travel and accommodation expenses. An application form be completed by the Technical Official and sent to the email address of the Pan Am Aquatics Swimming Committee as listed below: swimming@panamaquatics.com

DELEGATIONS

Registration

All National Federation registrations and sport entries must be done through the PanAm Aquatics General Management System (GMS). Each NF must complete their registrations before the designated deadlines. In the interests of providing the Organizing Committee with optimal time to make hotel, meals, transportation, and other logistical arrangements, please submit your registration at your earliest convenience.

- Entries will be until **23:59 on August 1, 2024**.
- GMS: <http://sistemapuertorico2024.panamaquaticsevents.com/login/en>

Team Officials

NF with twelve (12) competitors or less: up to four (4) team officials.

NF with thirteen (13) to twenty-four (24): up to six (6) team officials.

NF with twenty-five (25) to fifty-four (54): up to eight (8) team officials.

Accreditation

The Organizing Committee will provide all Swimmers and Team Staff with an official Accreditation card. Only accredited people will be allowed to access certain venue areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Team managers will be required to present photographic identification for all team members in order to collect the Accreditation cards.

Entry Fee

1. Entry fee: US\$ 50.00 per swimmer (one time).
2. Relay event entry fee: US\$ 10.00 per team per relay.
3. Team Officials accreditation: US\$ 30.00 per official (one time).

Airport

Luis Muñoz Marín International Airport (SJU) (Spanish: Aeropuerto Internacional Luis Muñoz Marín) is a joint civil-military international airport located in suburban Carolina, Puerto Rico, three miles (five kilometers) southeast of San Juan. The Organizing Committee will provide airport transfers to and from the hotel upon arrival and departure.

Accommodation

Hotel Verdanza, 8020 José M. Tartak Ave. Carolina, PR 00979

Single Occupancy	US\$	302.00	per day and per person
Double Occupancy	US\$	223.00	per day and per person
Triple Occupancy	US\$	173.00	per day and per person

The daily fee includes:

1. Transportation to and from the airport and host hotel upon arrival and departure.
2. Three meals daily starting with lunch on August 19, and ending with breakfast on August 26, 2024.
3. Hotel accommodations.
4. Daily transportation between the competition venue and the hotel.
5. The daily fee listed above is limited to the official delegation and is dependent upon the down payment deadline, July 8, and final payment deadline August 5.

Hotels must be booked on or before July 1, with 50% down payment received by July 8, and the full balance received by August 5 to receive the rates secured for the Championships. After those dates, the OC will not be able to guarantee availability of rooms, and the rates will increase by 30%.

For those participants opting to stay in a different hotel or accommodations:

1. **Each NF will be responsible for all transportation for your delegation to and from the airport as well as to and from the competition venue.**
2. **Each NF will be responsible for all meals for your delegation.**

Bank Information for Payments

Beneficiary: Federación Puertorriqueña de Natación
Address: PO Box 361249 - San Juan PR 00936-1249
Country: San Juan PR 00936-1249
Email: info@natacionpr.org
Bank: Banco Popular de Puerto Rico
Bank Address: PO Box 3627808 - San Juan PR 00936-1249
Currency: US\$
Swift Code: BPPRPRSX
ABA Route: 021502011
Account Numb.: 021430241

Visa Support

If your team requires a visa for entry in Puerto Rico, please notify the Organizing Committee and we will work to create an invitation letter to be presented to your Embassy/Consulate to assist in the visa process. Please send a list of all travelers with Full Name, Passport Number, Date of Birth, Gender, Nationality, and Role within the delegation.

office@panamaquatics.com

Medical Care

As a reminder, all Federations MUST carry their own travel and health insurance. The OC will provide First Aid Personnel at the competition pool. All National Federations or Clubs must take full responsibility for any other needed medical expenses.

Information Desk

Each Official Hotel will have an Information Desk where all the information will be provided, and where the accreditations will be delivered. Information Desk Schedule: 7am to 7pm.

Clinics

PanAm Aquatics will assist in hosting a Coaches Clinic, funded by World Aquatics, on August 22-23, 2024. Team officials and athletes are welcome. The registration form for the clinic will be sent separately.

PRELIMINARY ENTRY FORM

PanAm Aquatics Age Group Swimming Championships San Juan 2024

Please submit to swimming@panamaquatics.com and alvaro@panamaquatics.com
 by June 7, 2024

National Federation:	
Team's Leader Full Name:	
Team's Leader email address:	
WhatsApp (incl. country code):	
Name of coach (for entries or technical matters):	
Team's coach email address:	
Team's coach WhatsApp (with country code):	
Name of NF contact for logistics: (Flights, accommodations, transportation)	
NF contact e-mail address:	
NF contact WhatsApp (with country code):	

As of _____, 2024, our delegation is estimated to comprise the following:

Category	12-14	15-18	19-21	Technical officials	Team officials	Coaches	Total
Female							
Male							
Total							

Intended team arrival date:	August __, 2024
Estimated number of hotel rooms needed:	

TECHNICAL OFFICIALS FORM

PanAm Aquatics Age Group Swimming Championships San Juan 2024

Please submit to swimming@panamaquatics.com by July 1, 2024

National Federation:	
Technical Official Full Name:	
Full address (including country):	
Cell # (incl. country code):	
Position to fill:	

Have you served as a technical official during the past four years? YES / NO

If your answer is YES, list meets/events:

Event name	Date	Location	National or International event

Current position as Technical Official:

National: _____ PanAm List #: _____ AQUA List #: _____

Technical Official Signature: _____

This form must be signed by the President or Secretary of the NF:

Name: _____ Title: _____

Date: _____ Signature: _____

NOTE: Team officials may not act as Technical Officials.