

## Individual Top Times

Times since: 01-Sep-23 Times until: 24-Jun-24  
 Number of Top Times: 4 Show Long Course Only - FINA Points

|                         | Time           | P/F/S | Name                  | Age/Yr |          |            |                                     |  |
|-------------------------|----------------|-------|-----------------------|--------|----------|------------|-------------------------------------|--|
| <b>Girls 50 Free</b>    |                |       |                       |        |          |            |                                     |  |
| 1                       | 25.74 L 771    | T     | Emily MacDonald       | 20     | SASC     | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |  |
| 2                       | 25.82 L 764    | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 3                       | 26.64 L 696    | F     | Aliyah Heaven         | 17     | CAMP     | 15/03/2024 | Mayberry High & Tertiary Swim Meet  |  |
| 4                       | 28.65 L 559    | F     | Khiara Roomes         | 18     | AQMR     | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| <b>Girls 100 Free</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 56.69 L 758    | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 2                       | 57.57 L 724    | P     | Emily MacDonald       | 20     | JAM      | 11/02/2024 | World Aquatics Championships - Do   |  |
| 3                       | 1:00.59 L 621  | F     | Morgan Cogle          | 18     | JAM      | 17/06/2024 | XXXVI CCCAN Championship-MEX        |  |
| 4                       | 1:00.60 L 621  | P     | Aliyah Heaven         | 18     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| <b>Girls 200 Free</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 2:10.16 L 651  | F     | Emily MacDonald       | 20     | SASC     | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |  |
| 2                       | 2:11.79 L 627  | P     | Morgan Cogle          | 18     | JAM      | 04/09/2023 | World Aquatics Junior Championship  |  |
| 3                       | 2:18.33 L 542  | P     | Sabrina Lyn           | 19     | JAM      | 21/10/2023 | PanAm Swimming Championships        |  |
| 4                       | 2:24.00 L 481  | F     | Khiara Roomes         | 18     | AQMR     | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| <b>Girls 400 Free</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 5:08.23 L 445  | F     | Khiara Roomes         | 17     | UNAT     | 16/12/2023 | 2023 ASAJ Christmas Open            |  |
| <b>Girls 800 Free</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 10:37.35 L 440 | F     | Khiara Roomes         | 18     | AQMR     | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| <b>Girls 50 Back</b>    |                |       |                       |        |          |            |                                     |  |
| 1                       | 30.74 L 676    | P     | Morgan Cogle          | 18     | UNAT     | 20/01/2024 | 2024 Azura Winter Open LCM          |  |
| 2                       | 32.82 L 555    | F     | Aliyah Heaven         | 18     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 3                       | 36.66 L 398    | F     | Rihanna Gayle         | 18     | TOR      | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |  |
| 4                       | 37.65 L 367    | F     | Kiana Mullings        | 18     | SPE      | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| <b>Girls 100 Back</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 1:10.58 L 535  | P     | Morgan Cogle          | 18     | JAM      | 04/09/2023 | World Aquatics Junior Championship  |  |
| 2                       | 1:16.02 L 428  | F     | Aliyah Heaven         | 18     | TOR      | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| 3                       | 1:26.45 L 291  | F     | Kiana Mullings        | 18     | SPE      | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| 4                       | 1:40.60 L 185  | F     | Kiara Rochester       | 18     | BMSC     | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| <b>Girls 200 Back</b>   |                |       |                       |        |          |            |                                     |  |
| 1                       | 2:31.64 L 535  | P     | Morgan Cogle          | 18     | JAM      | 04/09/2023 | World Aquatics Junior Championship  |  |
| 2                       | 2:59.83 L 321  | F     | Rihanna Gayle         | 18     | TOR      | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| 3                       | 3:07.84 L 281  | F     | Kiana Mullings        | 18     | SPE      | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| <b>Girls 50 Breast</b>  |                |       |                       |        |          |            |                                     |  |
| 1                       | 32.54 L 719    | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 2                       | 41.64 L 343    | F     | Rihanna Gayle         | 17     | STAHS ZE | 15/03/2024 | Mayberry High & Tertiary Swim Meet  |  |
| 3                       | 44.52 L 280    | F     | Taeija-Lee Hall-Watts | 18     | AIKSH    | 17/01/2024 | 2024 ISSA High Schools & Tertiary S |  |
| 4                       | 45.37 L 265    | F     | Samantha Lyons        | 19     | TOR      | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| <b>Girls 100 Breast</b> |                |       |                       |        |          |            |                                     |  |
| 1                       | 1:13.03 L 677  | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 2                       | 1:34.26 L 314  | F     | Rihanna Gayle         | 17     | STAHS ZE | 15/03/2024 | Mayberry High & Tertiary Swim Meet  |  |
| 3                       | 1:47.22 L 213  | F     | Samantha Lyons        | 19     | TOR      | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| 4                       | 2:01.70 L 146  | F     | Delenya Buchanan      | 18     | XCLR     | 15/03/2024 | Mayberry High & Tertiary Swim Meet  |  |
| <b>Girls 200 Breast</b> |                |       |                       |        |          |            |                                     |  |
| 1                       | 3:42.06 L 237  | F     | Rihanna Gayle         | 18     | TOR      | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |  |
| <b>Girls 50 Fly</b>     |                |       |                       |        |          |            |                                     |  |
| 1                       | 27.54 L 698    | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 2                       | 30.07 L 536    | F     | Aliyah Heaven         | 17     | CAMP     | 17/01/2024 | 2024 ISSA High Schools & Tertiary S |  |
| 3                       | 30.18 L 530    | P     | Morgan Cogle          | 18     | JAM      | 04/09/2023 | World Aquatics Junior Championship  |  |
| 4                       | 31.37 L 472    | P     | Khiara Roomes         | 18     | AQMR     | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |
| <b>Girls 100 Fly</b>    |                |       |                       |        |          |            |                                     |  |
| 1                       | 1:00.92 L 755  | F     | Sabrina Lyn           | 19     | JAM      | 30/03/2024 | XXXVII CARIFTA 2024                 |  |
| 2                       | 1:06.28 L 586  | P     | Morgan Cogle          | 18     | JAM      | 04/09/2023 | World Aquatics Junior Championship  |  |
| 3                       | 1:11.23 L 472  | F     | Khiara Roomes         | 18     | AQMR     | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |  |

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|                        | Time       | P/F/S | Name | Age/Yr                 |    |        |            |                                     |
|------------------------|------------|-------|------|------------------------|----|--------|------------|-------------------------------------|
| 4                      | 1:12.57 L  | 446   | F    | Aliyah Heaven          | 18 | TOR    | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |
| <b>Girls 200 IM</b>    |            |       |      |                        |    |        |            |                                     |
| 1                      | 2:31.44 L  | 577   | P    | Morgan Cogle           | 18 | JAM    | 04/09/2023 | World Aquatics Junior Championship  |
| 2                      | 3:11.51 L  | 285   | F    | Rihanna Gayle          | 18 | TOR    | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |
| <b>Boys 50 Free</b>    |            |       |      |                        |    |        |            |                                     |
| 1                      | 23.20 L    | 732   | F    | Nathaniel Thomas       | 19 | JAM    | 17/06/2024 | XXXVI CCCAN Championship-MEX        |
| 2                      | 24.49 L    | 622   | F    | Zachary Jackson-Blaine | 18 | TOR    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 3                      | 24.71 L    | 605   | P    | Kaheem Lozer           | 19 | UNAT   | 30/11/2023 | Japan Open Swimming Championship    |
| 4                      | 25.53 L    | 549   | F    | Zachary Randle         | 19 | SPE    | 22/06/2024 | 2024 Swimaz Aquatic LC Champion     |
| <b>Boys 100 Free</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 51.88 L    | 736   | T    | Nathaniel Thomas       | 19 | BA IN  | 14/05/2024 | 2024 Speedo Atlanta Classic         |
| 2                      | 53.37 L    | 676   | P    | Kaheem Lozer           | 19 | JAM    | 12/06/2024 | 19th SNSC 2024                      |
| 3                      | 54.94 L    | 620   | P    | Zachary Jackson-Blaine | 18 | TOR    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 4                      | 56.95 L    | L 557 | F    | Zachary Randle         | 18 | SPE    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| <b>Boys 200 Free</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 2:06.59 L  | L 523 | F    | Zachary Randle         | 18 | SPE    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 2                      | 2:12.13 L  | 460   | P    | Christian McIntosh     | 17 | AQMR   | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 3                      | 2:18.94 L  | 395   | F    | Rin Gyles              | 20 | UTECH  | 01/03/2024 | 2024 ASAJ High & Tertiary Swim Me   |
| 4                      | 2:20.99 L  | 378   | F    | Allan Thomas           | 17 | CAMP   | 17/01/2024 | 2024 ISSA High Schools & Tertiary S |
| <b>Boys 400 Free</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 4:42.08 L  | 474   | F    | Zachary Randle         | 18 | SPE    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 2                      | 4:47.70 L  | 447   | F    | Christian McIntosh     | 17 | AQMR   | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 3                      | 5:37.16 L  | 278   | F    | Kemar Richards         | 19 | AQMR   | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |
| 4                      | 5:41.64 L  | 267   | F    | Allan Thomas           | 17 | TOR    | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| <b>Boys 800 Free</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 9:57.89 L  | 432   | F    | Christian McIntosh     | 18 | AQMR   | 13/02/2024 | 2024 Walter Rogers Age Group Cha    |
| <b>Boys 1500 Free</b>  |            |       |      |                        |    |        |            |                                     |
| 1                      | 19:04.05 L | 441   | F    | Christian McIntosh     | 17 | AQMR   | 16/12/2023 | 2023 ASAJ Christmas Open            |
| <b>Boys 50 Back</b>    |            |       |      |                        |    |        |            |                                     |
| 1                      | 27.82 L    | 606   | F    | Collin McKenzie        | 20 | UNAT   | 21/03/2024 | Speedo Sectionals                   |
| 2                      | 29.01 L    | 534   | F    | Kaheem Lozer           | 19 | JAM    | 06/04/2024 | Thailand Age Group Championships    |
| 3                      | 29.19 L    | 525   | F    | Rin Gyles              | 19 | TOR    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 4                      | 30.67 L    | 452   | P    | Christian McIntosh     | 17 | AQMR   | 16/12/2023 | 2023 ASAJ Christmas Open            |
| <b>Boys 100 Back</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 57.42 L    | 725   | F    | Collin McKenzie        | 20 | UNAT   | 21/03/2024 | Speedo Sectionals                   |
| 2                      | 58.08 L    | 701   | F    | Nathaniel Thomas       |    | PUR IN | 03/03/2024 | B1G Men's LC Time Trial             |
| 3                      | 1:05.03 L  | 499   | F    | Rin Gyles              | 19 | TOR    | 16/12/2023 | 2023 ASAJ Christmas Open            |
| 4                      | 1:08.60 L  | 425   | P    | Christian McIntosh     | 17 | AQMR   | 16/12/2023 | 2023 ASAJ Christmas Open            |
| <b>Boys 200 Back</b>   |            |       |      |                        |    |        |            |                                     |
| 1                      | 2:09.81 L  | 640   | P    | Collin McKenzie        | 20 | UNAT   | 21/03/2024 | Speedo Sectionals                   |
| 2                      | 2:27.03 L  | 441   | F    | Rin Gyles              | 20 | TOR    | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |
| <b>Boys 50 Breast</b>  |            |       |      |                        |    |        |            |                                     |
| 1                      | 30.94 L    | 589   | P    | Collin McKenzie        | 20 | UNAT   | 10/04/2024 | TYR Pro Swim Series                 |
| 2                      | 31.37 L    | 566   | F    | Jaedon Lynch           | 18 | JAM    | 17/06/2024 | XXXVI CCCAN Championship-MEX        |
| 3                      | 33.11 L    | 481   | F    | Zachary Randle         | 19 | SPE    | 22/06/2024 | 2024 Swimaz Aquatic LC Champion     |
| 4                      | 33.37 L    | 470   | F    | Christian McIntosh     | 18 | AQMR   | 10/05/2024 | 2024 Neville Alexander Memorial Sw  |
| <b>Boys 100 Breast</b> |            |       |      |                        |    |        |            |                                     |
| 1                      | 1:05.08 L  | 667   | P    | Kito Campbell          | 20 | JAM    | 21/10/2023 | PanAm Swimming Championships        |
| 2                      | 1:05.48 L  | 655   | P    | Collin McKenzie        | 20 | UNAT   | 10/04/2024 | TYR Pro Swim Series                 |
| 3                      | 1:06.41 L  | 628   | F    | Jaedon Lynch           |    | BA KY  | 05/05/2024 | 2024 CKA Derby Dash                 |
| 4                      | 1:16.07 L  | 418   | F    | Christian McIntosh     | 18 | AQMR   | 02/02/2024 | 2024 Karl Dalhouse Swim Meet        |
| <b>Boys 200 Breast</b> |            |       |      |                        |    |        |            |                                     |
| 1                      | 2:27.44 L  | 616   | P    | Kito Campbell          | 20 | JAM    | 21/10/2023 | PanAm Swimming Championships        |
| 2                      | 2:29.73 L  | 588   | F    | Jaedon Lynch           |    | BA KY  | 05/05/2024 | 2024 CKA Derby Dash                 |

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|---------------------|---------------|-------|--------------------|--------|-------|------------|-------------------------------------|
| <b>Boys 50 Fly</b>  |               |       |                    |        |       |            |                                     |
| 1                   | 24.93 L 712   | P     | Kaheem Lozer       | 19     | JAM   | 12/06/2024 | 19th SNSC 2024                      |
| 2                   | 26.83 L 571   | F     | Collin McKenzie    | 20     | UNAT  | 21/03/2024 | Speedo Sectionals                   |
| 3                   | 27.92 L 507   | F     | Rin Gyles          | 19     | TOR   | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| 4                   | 28.34 L 485   | F     | Jaedon Lynch       | 18     | JAM   | 17/06/2024 | XXXVI CCCAN Championship-MEX        |
| <b>Boys 100 Fly</b> |               |       |                    |        |       |            |                                     |
| 1                   | 56.20 L 681   | F     | Kaheem Lozer       | 19     | JAM   | 06/04/2024 | Thailand Age Group Championships    |
| 2                   | 57.14 L 648   | P     | Collin McKenzie    | 20     | UNAT  | 21/03/2024 | Speedo Sectionals                   |
| 3                   | 57.19 L 646   | P     | Nathaniel Thomas   | 19     | BA IN | 14/05/2024 | 2024 Speedo Atlanta Classic         |
| 4                   | 1:04.69 L 446 | F     | Rin Gyles          | 19     | TOR   | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| <b>Boys 200 Fly</b> |               |       |                    |        |       |            |                                     |
| 1                   | 2:31.87 L 383 | F     | Christian McIntosh | 17     | AQMR  | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| 2                   | 2:39.15 L 333 | F     | Rin Gyles          | 20     | TOR   | 24/05/2024 | 2024 Tornadoes Invitational Swim M  |
| 3                   | 3:12.31 L 188 | F     | Allan Thomas       | 17     | TOR   | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| <b>Boys 200 IM</b>  |               |       |                    |        |       |            |                                     |
| 1                   | 2:04.96 L 759 | F     | Collin McKenzie    | 20     | UNAT  | 16/11/2023 | Ohio State Invitational             |
| 2                   | 2:29.72 L 441 | F     | Christian McIntosh | 17     | AQMR  | 27/10/2023 | 2023 Dean Martin Swimming Champ     |
| 3                   | 2:42.25 L 346 | F     | Rin Gyles          | 20     | UTECH | 17/01/2024 | 2024 ISSA High Schools & Tertiary S |