



PANAM AQUATICS OPEN WATER

**PanAm Aquatics Age Group
Open Water Swimming Championships
Ponce 2024**

SUMMONS

**August 29 - 31, 2024
Hosted by Puerto Rico Aquatics
Ponce, Puerto Rico**



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PanAm Aquatics and the Puerto Rico Aquatics are pleased to invite your Federation to participate in the PanAm Aquatics Age Group Open Water Swimming Championships Ponce 2024, August 29 to 31, at the Parque Enrique González, El Malecon, Playa de Ponce, Ponce, Puerto Rico.

EVENT ORGANIZATION

Organizing Committee (“OC”)

Chairperson: Fernando Delgado, presidencia@natacionpr.org
 Venue Coordinator: Elismari Aldarondo, comisionaguasabiertas@natacionpr.org
 Accommodations: Alondra Colon, alondracolon13@gmail.com
 Protocol and Ceremony: Mirels Maeso, jesus6026@yahoo.com
 Local Transport: Jesus Cruz, jesus6026@yahoo.com
 Delegations: Ricardo González, ricardo051695@gmail.com
 General email OC: info@natacionpr.org

Key dates

Preliminary team entry deadline:	June 17, 2024
Hotel booking form deadline:	July 1, 2024
50% Down payment on Lodging and Food:	July 8, 2024
Final team entry deadline:	August 1, 2024
Team arrival/departure form deadline:	August 2, 2024
Full Payment on Lodging and Food:	August 5, 2024
Arrival Delegations:	August 26, 2024
Training Camp:	August 26-28, 2024
Technical meeting:	August 28, 2024
Competition dates:	August 29-31, 2024
Departure Delegations:	September 1, 2024

Tentative Schedule

August 26 (day -2)	Arrivals & Training Camp
August 27 (day -1)	Training Camp
August 28 (day 0)	Training Camp & Technical Meeting
August 29 (day 1)	Competition Day 1
August 30 (day 2)	Competition Day 2
August 31 (day 3)	Competition Day 3
September 1 (day 4)	Departures

Detailed Schedule and Competition Program

August 28, 2024	
18:00	Technical Meeting
August 29, 2024	
5:30	Registration Opens Events 1 & 2
6:30	Registration Closes Events 1 & 2
6:35	Briefing Events
6:50	Presentation of Athletes Events 1 & 2
7:00	Event 1 Males 7.5K
7:10	Event 2 Female 7.5K
After both events are done:	Awards Ceremonies
7:30	Registration Opens Events 3 & 4
8:30	Registration Closes Events 3 & 4
8:35	Briefing Events
8:50	Presentation of Athletes Events 3 & 4
9:00	Event 3 Males 5K
9:10	Event 4 Female 5K
After both events are done:	Awards Ceremonies
August 30, 2024	
5:30	Registration Opens Events 5 - 8
6:30	Registration Closes Events 5 - 8
6:35	Briefing Events
6:50	Presentation of Athletes Events 5 & 7
7:00	Events 5 & 7 Males 10K
7:00	Presentation of Athletes Events 6 & 8
7:10	Events 6 & 8 Females 10K
After all events are done:	Awards Ceremonies
8:45	Registration Opens Events 9 & 10
9:20	Registration Closes Events 9 & 10
9:30	Briefing Event
9:45	Presentation of Athletes Events 9 & 10
10:00	Events 9 & 10 Distance 3K
After both events are done:	Awards Ceremonies
August 31, 2024	
6:00	Registration Opens Event 11
7:30	Briefing Event
7:45	Presentation of Athletes Event 11
8:00	Event 11 Mixed Relays 3 x 1K
After the event is done:	Awards Ceremony

Training venue & schedule

The OC will organize training sessions in both the main competition venue and the swimming pool starting on August 26th, 2024, in the afternoon.

Training at Playa de Ponce, Ponce (Competition Venue)

AM: 08:00 - 11:00

Training at Centro Acuático de Entrenamiento, Albergue Olímpico, Salinas

Training at Victor Vasallo Aquatic Complex, Ponce

AM: 08:00 - 11:00

PM: 15:00 - 18:00

IMPORTANT: For all those teams arriving earlier than August 26, the OC will provide training options under previous request. Therefore, if your team is planning to arrive earlier than August 26, please contact the OC with your training plans and request so they can organize the training accordingly. Additional charges will apply.

COMPETITION

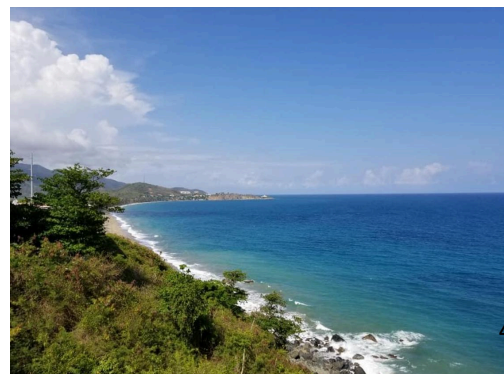
Technical Meeting

The technical meeting will take place at Albergue Olimpico German Rieckehoff on August 28, at 18:00. The meeting will be open to everyone with appropriate accreditation. Team Leaders, Coaches and Athletes from each Delegation must attend.

The PanAm Aquatics Open Water Swimming Committee Chairperson will lead the meeting, which will be conducted in English and, if required, with interpretation to Spanish. The Technical Officials meeting will take place immediately after the Technical Meeting.

Competition Venue

Playa de Ponce, Ponce, Puerto Rico. Located at Parque Pasivo Enrique González, Calle Bonaire, Ponce, PR 00716.



Weather Information

Weather data over the last 9 years reveals an average air temperature ranging between 28 – 33 degrees Celsius at the dates of the competitions, with clear blue skies, nil precipitation, and humidity 60%. The prevailing wind pattern is from East trade winds at average speeds of 14.4km/h. Expected sea surface temperatures are between 28 and 30 degrees Celsius.

Entry Rules

The PanAm Aquatics Age Group Open Water Swimming Championships are open to entries from competitors in good relation with their National Federations who are members of PanAm Aquatics (PAQ) or of invited World Aquatics (AQUA) member Federations.

The competitor must be a citizen, whether through birth or naturalization, of the country being represented, according to the World Aquatics [Competition-Regulations](#), Part I, Number 3 - Sport Nationality.

Every participant in the Championship must be a member of a Club, Regional or National Team of a Federation duly constituted, affiliated, and in good standing with World Aquatics & PanAm Aquatics.

Each Federation may enter with National Teams, Regional Teams, or Clubs. Federations may fill their entry in each category with athletes from a variety of teams or clubs, if they wish. Each NF may enter an unlimited number of entries per event. Swimmers from a National Team will be limited to a maximum of 2 swimmers per age group per gender, totaling a maximum of 20 swimmers overall. NF must designate which swimmers are entered as a National Team member.

Entries will only be accepted from the Federation on behalf of all entries from their country. Entries submitted from a Regional Team or Club will not be accepted. All entries will compete as their Federation and not as a Regional Team or Club.

All relay participants must have been entered in the meet. Competitors can only participate in their own age group, except for the relays:

- A. 12-13 (2012 - 2011), both genders.
- B. 14-15 (2010 - 2009), both genders.
- C. 16-17 (2008 - 2007), both genders.
- D. 18-19 (2006 - 2005), both genders.
- E. 20-21 (2004 - 2003), both genders.

Competition Format

The competition of 5km, 7.5km and 10km swim will be organized on a 1,250m lap course (left shoulder turns). Swimmers must swim eight (8) laps for 10km, six (6) laps for 7.5km and four (4) laps for 5km. The competition of 3km and 3 x 1km mixed relay will be on a 1,000m lap course, left shoulder turn. Details of the final course will be provided at the Technical Meeting.

Events 1-2: 7.5K, Male and Female for 16-17 age group.

Events 3-4: 5K, Male and Female for 14-15 age group.

Events 5-6: 10K, Male and Female for 18-19 age group.

Events 7-8: 10K, Male and Female for 20-21 age group.

Events 9-10: 3K, Male and Female for 12-13 age group.

Event 11, 3x1K Mixed Relays for open category (12-21).

In the relay, each team must enter three athletes. The order of athletes in each relay must be submitted to the Clerk of Course one hour before the start of the day. Any NF may put together a relay using swimmers from other NFs to fill out the relay. However, that relay will not be able to officially score or accumulate points for their NFs.

Awards

Medals will be awarded to the first three swimmers in each event.

National Federation Points Award. A NF high point award will be presented to the National Federation winner in each age group (female & male) based on the total number of points scored by adding only individual points. The presentation will take place at the end of the meet.

PanAm Aquatics Cup Award. A NF high point award will be presented to the National Federation winner in all age groups (female & male) based on the total number of points scored by adding individual and relay points. The presentation will take place at the end of the meet.

Points scored will be awarded in the following order for the 16 first positions: **20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1**. Only the first two swimmers from a National Federation (National Team and/or Clubs) will be eligible to score.

Relays will double the individual points. Only the highest position of each National Federation (National Team and/or Clubs) will be eligible to score.

All competitors shall receive a certificate in recognition of their participation.

Timing and Scoring System

Hy-Tek Meet Manager will be used for registration and competition results. Timing will be done using the Electronic Timing System.

Clothing and Equipment

Clothing and equipment used by athletes and other participants in the Championships must comply with the documents listed in the World Aquatics [Competition-Regulations](#), Part I, Numbers 7-8, *Rules Applicable to all Aquatic Sports - Swimwear and Wearables and Advertising Identification*.

Anti-Doping

During the competition, anti-doping control tests may be conducted, according to the control rules established by World Aquatics.

Protests

Protests will be resolved under World Aquatics [Competition Regulations, Part I, Number 13](#). Protests must be submitted to the Chief Referee in writing by the team leader, with a deposit of US\$ 200, within 30 minutes following the conclusion of the respective event. All protests will be considered by the Chief Referee.

The commission, made up of the following persons present at the event: Executive Committee Liaison, OW Committee Chair, OW Committee Vice Chair and OW Committee Secretary, will consider appeals against decisions by the Chief Referee and give recommendations to the jury of appeal, whose decision will be final.

Jury of Appeal

For the Championships, the jury of appeal shall consist of a minimum of three persons and will be comprised of the PanAm Aquatics Executive Committee and PanAm Aquatics Honorary Members present and the World Aquatics Delegate (if present) with the PanAm Aquatics President or in her absence a PanAm Aquatics Vice-President and/or PanAm Aquatics Executive Liaison for Open Water Swimming as Chairperson.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her PanAm Aquatics Federation is involved. Technical Officials shall not be entitled to form part of the jury.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members. The decision of the jury will be final.

Technical Officials

Qualified individuals may apply to Pan Am Aquatics to act as Technical Officials in Open Water Swimming. All technical officials are expected to cover their travel and accommodation expenses. An application form be completed by the Technical Official and sent to the email addresses of the Pan Am Aquatics Open Water Swimming Committee as listed below: openwater@panamaquatics.com

DELEGATIONS

Registration

All National Federation registrations and sport entries must be done through the PanAm Aquatics General Management System (GMS). Each national NF must complete their registrations before the designated deadlines. In the interests of providing the Organizing Committee with optimal time to make hotel, meals, transportation, and other logistical arrangements, please submit your registration at your earliest convenience.

- Entries will be until **23:59 on August 1, 2024**.
- GMS: <http://sistemapuertorico2024.panamaquaticsevents.com/login/en>

Team Officials (this only applies to National Teams)

NF with eight (8) competitors or less: up to five (5) team officials.

NF with nine (9) to sixteen (16): up to seven (7) team officials.

Accreditation

The Organizing Committee will provide all Athletes and Team Officials with an official Accreditation card. Only accredited people will be allowed to access certain venue areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Team managers will be required to present photographic identification for all team members in order to collect the Accreditation cards.

Entry Fee

1. Entry fee: US\$ 50.00 per athlete (one time).
2. Team Officials accreditation: US\$ 30.00 per official (one time).

Airport

Luis Muñoz Marín International Airport (SJU), Puerto Rico. One hour from the *Albergue Olimpico* and an hour and a half from Ponce. The Organizing Committee will provide airport transfers to and from the meet hotel upon arrival and departure.

Accommodation

Option A. Albergue Olímpico German Rieckehoff Village
General Rooms for up to 12 people, USD \$90.00 per night with the 3 meals.

Option B. Melia Century Hotel
75 Calle Cristina, Ponce, PR 00730

Single Occupancy	US\$	195.00	per day and per person
Double Occupancy	US\$	225.00	per day and per person

The daily fee includes:

1. Transportation to and from the airport and host hotel upon arrival and departure.
2. Three meals daily starting with lunch on August 26, and ending with breakfast on September 1, 2024.
3. Hotel accommodations.
4. Daily transportation between the competition venue or training pool and the hotel.
5. The special competition daily fee listed below is limited to the official delegation and is dependent upon the down payment deadline, July 8, and final payment deadline August 5.

Hotels must be booked on or before July 1, with 50% down payment received by July 8, and the full balance received by August 5 to receive the competition rate secured for the Championships. After those dates, the OC will not be able to guarantee availability of rooms, and the rates will increase by 30%.

For those participants opting to stay in a different hotel or accommodations:

- 1. Each NF will be responsible for all transportation for your delegation to and from the airport as well as to and from the competition venue.**
- 2. Each NF will be responsible for all meals for your delegation.**

Bank Information for Payments

Beneficiary: Federación Puertorriqueña de Natación
Address: PO Box 361249 - San Juan PR 00936-1249
País: San Juan PR 00936-1249
Email: info@natacionpr.org
Bank: Banco Popular de Puerto Rico
Bank Address: PO Box 3627808 - San Juan PR 00936-2708
Currency: US\$
Swift Code: BPPRPRSX
ABA Route: 021502011
Account Numb.: 021430241

Visa Support

If your team requires a visa for entry in Puerto Rico, please notify the Organizing Committee and we will work to create an invitation letter to be presented to your Embassy/Consulate to assist in the visa process. Please send a list of all travelers with Full Name, Passport Number, Date of Birth, Gender, Nationality, and Role within the delegation.

office@panamaquatics.com

Medical Care

As a reminder, all Federations **MUST** carry their own travel and health insurance. The OC will provide First Aid Personnel at the competition venue. All National Federations or Clubs must take full responsibility for any other needed medical expenses.

Information Desk

Each Official Hotel will have an Information Desk where all the information will be provided, and where the accreditations will be delivered. Information Desk Schedule: 7am to 7pm.

Clinics and Training Camp

PanAm Aquatics will assist in hosting a Coaches & Athletes Clinic, funded by World Aquatics, on August 26-28, 2024, during the Training Camp. More information about the Coaches & Athletes Clinic and the Training Camp will be sent separately.

PRELIMINARY ENTRY FORM

**PanAm Aquatics Age Group Open Water Swimming Championships
Ponce 2024**

Please submit to openwater@panamaquatics.com and alvaro@panamaquatics.com
by June 17, 2024

National Federation:	
Team's Leader Full Name:	
Team's Leader email address:	
WhatsApp (incl. country code):	
Name of coach (for entries or technical matters):	
Team's coach email address:	
Team's coach WhatsApp (with country code):	
Name of NF contact for logistics: (Flights, accommodations, transportation)	
NF contact e-mail address:	
NF contact WhatsApp (with country code):	

As of _____, 2024, our delegation is estimated to comprise the following:

Category	12-13	14-15	16-17	18-19	20-21	Technical officials	Team officials	Coaches	Total
Female									
Male									
Total									

Intended team arrival date:	August __, 2024
Estimated number of hotel rooms needed:	

TECHNICAL OFFICIALS FORM

**PanAm Aquatics Age Group Open Water Swimming Championships
Ponce 2024**

Please submit to openwater@panamaquatics.com by July 1, 2024

National Federation:	
Technical Official Full Name:	
Full address (including country):	
Cell # (incl. country code):	
Position to fill:	

Have you served as a technical official during the past four years? YES NO

If your answer is YES, list meets/events:

Event name	Date	Location	National or International event

Current position as Technical Official:

National: _____ PanAm List #: _____ AQUA List #: _____

Technical Official Signature: _____

This form must be signed by the President or Secretary of the NF:

Name: _____ Title: _____

Date: _____ Signature: _____

NOTE: Team officials may not act as Technical Officials.