



PERSEVERANCE TEAMWORK EXCELLENCE

**Tornadoes Invitational Swim Meet**  
**30<sup>th</sup> Anniversary Edition**  
**May 24-26, 2019 Kingston, Jamaica**  
**National Stadium Pool**

Sanction #:

Venue National Stadium Pool, Kingston, Jamaica  
8 Lane; 50 M Pool, 25m Warm up pool  
Electronic Timing and Hy-Tek Meet Manager will be used.

Dates & Times Fri May 24, 2019 - 5:30 pm  
Sat May 25, 2019 - 8:30 am  
Sat May 25, 2019 - 3:30 pm  
Sun May 26, 2019 - 9:00 am

Eligibility All clubs and swimmers, in good standing, registered with the ASAJ and other FINA affiliated Federations.

Age Group ages for the meet shall be as of midnight December 31, 2018. Masters must be 25 years and over at December 31, 2019

Entry Limit Three (3) events per swimmer per session for individual events  
Relays- 3 entries per club

Deck Entries Deck Entries are allowed, and not restricted to swimmers in the meet. Swimmers must be registered with the ASAJ. One day registration for masters will be accepted.

Time Trials Are allowed, swimmers must request time trials at the start of the session. Time trials will be swum at the end of the session.

Entry Fees Individual Entries- Using Hy-tek  
J\$300.00 per event for ASAJ registered swimmers  
\$3.00 US per event for Non-ASAJ FINA registered swimmers

Relays Entries – Using Hy-tek  
J\$500 per relay for ASAJ registered Clubs  
US\$ 5.00 per relay team per Non-ASAJ Fina Club

Tornadoes Swim Club, Kingston Jamaica  
Website: [www.swimtornadoes.com](http://www.swimtornadoes.com)  
Instagram: tornadoesswimming

Head Coach Wendy Lee 876-881-5334  
Email: [swimtornadoes@gmail.com](mailto:swimtornadoes@gmail.com)



## PERSEVERANCE TEAMWORK EXCELLENCE

### Manual Entries

JA \$400.00 per event. \$ 750 per relay team.

### Swimmer Surcharge

There will be a \$250 per swimmer surcharge.

### Deck Entries & Time Trials

\$500 per event per swimmer.

Entry fees must be paid by Friday, May 24, 2019. Clubs who have outstanding fees will not be allowed to enter until all outstanding balances are paid in full.

#### Rules

FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply, and FINA Masters Rules will apply to Masters events except as modified in this summons.

#### Programme

See schedule of events on page 5 of this summons.

#### Registration

The ASAJ register closes at 4.00 p.m on Friday, May 03, 2019

#### Entry Deadline

Entry Deadline No later than 4.00 pm on Friday May 10, 2019. Entries are to be delivered to the ASAJ office at the National Stadium Pool or emailed to [swimtornadoes@gmail.com](mailto:swimtornadoes@gmail.com) using Hy-tek software. Entry times and date of births must be included on all entries

#### Additional Rules

1. All swimmers must enter via the athlete's entrance.
2. FINA Warm Up Guidelines will be used
2. Relay cards must be completed ( no duplicates required) , and handed in to the recorder thirty (30) minutes before the start of the first event of the session. Any change must be made at least two (2) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.



## PERSEVERANCE TEAMWORK EXCELLENCE

3. There will be positive check in 45 minutes before start of session for all events 400m and above. Coaches may positive check in their swimmers. Swimmers who miss their event after they have checked in must pay a penalty of J\$500
4. There will be no Marshalling for the meet. Swimmers must be behind and at the start area at least one event before their event. The next heat must be behind the blocks while the current heat is in progress.
5. Coaches are responsible for getting their swimmers to the starting block on time. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat, the swimmer will be disqualified.
6. Once the swimmers are under the starter's orders and he is in control of the race (after the second whistle), no swimmer may enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
7. Competitors will only be allowed to swim in their age group.
8. Scratches are allowed at any time.

### Points

Points will be awarded to club swimmers only. Unattached swimmers will receive their awards but will not score. Points will be awarded in 2 categories

- Age Groups 8 & under / 9-10/ 11-12/13-14/15-7/18-24
- Masters 25-34 / 35-44 /45-54 etc.

### Individual Events

9 points to the highest club finishers.

7 points to the second highest club finishers.

6, 5, 4, 3, 2, 1 to the 3rd - 8th place club finishers.

13 & Over events and events 13 & 14, will be swum together but scored according to the Age Groups 11-12, 13-14 & 15-17, 18-24.



## PERSEVERANCE TEAMWORK EXCELLENCE

Masters may swim events in the 13 & over group but will be scored according to the Age Groups (25-34) (35-44) (45 & over)

Relay events: 18, 14, 12, 10, 8, 6, 4, 2 points to top eight club teams. Only 2 relay teams per club can score.

### Awards

Medals will be awarded to the first three (3) places in all events excluding masters. Ribbons will be awarded to 10 & under swimmers placed 4th to 8<sup>th</sup>.

A trophy will be awarded to the overall winning club in the age group and Masters categories.

Prizes will be awarded to the Top 3 swimmers in each Age Group Category.

### Programmes

Will be sold at the entry gate.

### Concession

Snack, fruits, meals and drinks will be on sale throughout the meet.

Additional Information Please contact Wendy Lee @ 876-881-5334



PERSEVERANCE TEAMWORK EXCELLENCE

## ORDER OF EVENTS

- All events will be swum as timed finals. For events 400 M and over, swimmers must attain a minimum 'B' time standard in their age group to enter the event. Proof of time is required with the entry. After entries are received we will accept deck entry exhibition only in available lanes. Priority is given to overseas and host team swimmers.

### Friday May 24, 2019 5:30 pm

1-2	Mixed	200m Medley Relay	10 & Under
3-4	Mixed	200m Medley Relay	11 & Over
5-6	F/M	100m Butterfly	11-12
7-8	F/M	100m Butterfly	13 & Over
9-10	F/M	50m Butterfly	9 -10
11-12	F/M	400m Individual Medley	11 & Over
13	Mixed	800m Freestyle	11 & Over
14	Mixed	1500m Freestyle	11 & Over

### Saturday May 25, 2019 8:30 am

15-16	F/M	100m Breaststroke	9-10
17-18	F/M	200m Individual Medley	9-10
19-20	F/M	50m Backstroke	8 & Under
21-22	F/M	50m Backstroke	9-10
23-24	F/M	100m Freestyle	8 & Under
25-26	F/M	100m Backstroke	9-10
27-28	F/M	200m Breaststroke	11-12
29-30	F/M	200m Breaststroke	13 & Over
31-32	F/M	100m Freestyle	9-10
33-34	F/M	100m Butterfly	9-10
35-36	F/M	50m Butterfly	8 & Under
37-38	F/M	200m Freestyle	9-10
39-40	F/M	200m Backstroke	11-12

Tornadoes Swim Club, Kingston Jamaica  
Website: [www.swimtornadoes.com](http://www.swimtornadoes.com)  
Instagram: tornadoesswimming

Head Coach Wendy Lee 876-881-5334  
Email: [swimtornadoes@gmail.com](mailto:swimtornadoes@gmail.com)



**PERSEVERANCE      TEAMWORK      EXCELLENCE**

41-42	F/M	200m Backstroke	13 & Over
43-44	F/M	200m Freestyle Relay	8 & Under
45-46	F/M	200m Freestyle Relay	9-10

**Saturday May 25, 2019 3:30pm**

47-48	F/M	400m Freestyle	9-10
49-50	F/M	200m Individual Medley	11-12
51-52	F/M	200m Individual Medley	13 & Over
53-54	F/M	100m Freestyle	11-12
55-56	F/M	100m Freestyle	13 & Over
57-58	F/M	50m Freestyle	Masters
59-60	F/M	50m Breaststroke	Masters
61-62	F/M	400m Freestyle	11 & Over
63-64	F/M	200m Freestyle Relay	11-12
65-66	F/M	200m Freestyle Relay	13-14
67-68	F/M	200m Freestyle Relay	15 & Over

**Sunday May 26, 2019 9:00 Am**

69-70	F/M	200m Freestyle	11-12
71-72	F/M	200m Freestyle	13 & Over
73-74	F/M	50m Breaststroke	8 & Under
75-76	F/M	50m Breaststroke	9-10
77-78	F/M	100m Breaststroke	11-12
79-80	F/M	100m Breaststroke	13 & Over
81-82	F/M	50m Butterfly	Masters
83-84	F/M	100m Backstroke	11-12
85-86	F/M	100m Backstroke	13 & Over

**BREAK (10MINS)**

87-88	F/M	200m Butterfly	11-12
89-90	F/M	200m Butterfly	13 & Over
91-92	F/M	50m Freestyle	8 & Under
93-94	F/M	50m Freestyle	9-10
95-96	F/M	50m Freestyle	11-12
97-98	F/M	50m Freestyle	13 & Over
99-100	F/M	50m Backstroke	Masters



PERSEVERANCE TEAMWORK EXCELLENCE  
BREAK (5MINS)

101-102	F/M	200 Medley Relay	8 & Under
103-104	F/M	200 Medley Relay	9-10
105-106	F/M	200 Medley Relay	11-12
107-108	F/M	200 Medley Relay	13-14
109-110	F/M	200 Medley Relay	15 & Over
111-112	F/M	200 Medley Relay	Masters