

## Carib Swim Team

## Sonesta Maho International CLUB INVITATIONAL SWIM MEET JUNE 9, 10 \& 11, 2017

The Carib Swim Team invites you to join us for our Sonesta Maho International Club Invite to be held in Sint Maarten from Friday, June 9 to Sunday, June 11, 2017.

LOCATION: Carib Swim Pool, 14 Sea Island Cotton Rd, Cole Bay, Sint Maarten, 721-556-4567
FACILITY: One 25 meter course, 6 lanes. Dolphin handheld electronic timing system with auto start/manual stop. Hy-Tek Meet Manager software. Spectator and athlete seating areas separated for each participating team.

FORMAT: Age Group and Open, Timed Finals, in accordance with FINA rules.

AGE GROUPS: Individual Events 6 \& under, 7-8, 9-10, 11-12, 13-14, 15 \& Over

The age of the swimmer as of the first day of competition (Friday, June 9, 2017) determines the age group in which the swimmer is eligible to participate.

AGENDA

| Friday, 9 June | Warm-Up | 3:00 PM - 4:30 PM |
| :---: | :--- | :--- |
| Session 1 | Opening Ceremony | $4: 40 \mathrm{PM}-4: 50 \mathrm{PM}$ |
| Saturday, 10 June | Competition | $5: 00 \mathrm{PM}-8: 00 \mathrm{PM}$ |
| Session 2 | Warm-Up | $7: 15 \mathrm{AM}-8: 45 \mathrm{AM}$ |
|  | Competition | $9: 00 \mathrm{AM}-12: 00 \mathrm{PM}$ |
| Session 3 | Warm-Up 2 | $3: 00 \mathrm{PM}-3: 45 \mathrm{PM}$ |
|  | Competition | $4: 00 \mathrm{PM}-7: 00 \mathrm{PM}$ |
| Sunday, 11 June | Warm-Up |  |
| Session 4 | Competition | $9: 15 \mathrm{AM}-8: 45 \mathrm{AM}$ |

## Registration and Entries

Entry Deadline: Entries are to be submitted in Hy-Tek format or excel spreadsheet by Saturday 3 June 2017. Scratches and minor adjustments may be made until Wednesday 7 June 2017 by submitting a new entry file. Entry fees are determined on this date; any entries made beyond this date must still be paid.

Submit entries to: Megan Pittman, megan.b.pittman@gmail.com, 721-556-4567

The following will apply to all entries:

1. Swimmers will compete among participants of the same gender (Male/Female).
2. Swimmers will be organized in age groups.
3. There is no age limit on the athletes who wish to participate.
4. Clubs may register any number of competitors.
5. There is no limit on the number of swimmers your club can enter per event in the meet.
6. There shall be neither substitutes nor alternatives in individual events.
7. There are no limits to the number of events swimmers may enter
8. Open events will be scored by age group. Eight and unders will race together but be scored 6 \& under and $7-8$.
9. The fees are as follows:

- \$25.00 per swimmer
- \$3.50 per relay event
$\$ 10.00$ per each scratch after Technical meeting. This fee is for swimmers who scratch or fail to swim any event. The fee must be paid before the swimmer is permitted to swim further in the meet. This does not pertain to athletes who fall ill. Athletes who miss an event due to illness will have to miss the remaining session.
- $\$ 10.00$ per late entry/deck entry per event after Technical Meeting. Late entries will be only allowed in heats with open lanes in an already seeded event.

10. Entry Fees must accompany entry forms or be paid on arrival of team. No team will be allowed to start the competition without payment of meet fees. Payments can be paid by either cash or check. Checks are to be made payable the CST.
11. Relays are mixed, and must comprise at least one male and one female on each relay team. There are no limits to the number of relays a team may swim in each relay event.

## Age Group Awards

1. Medals will be awarded to the top three (3) places in each individual event, and to the top relay team in each relay event.
2. Flyover starts may be implemented per the discretion of the meet referee.

Officials: Each club participating will be asked to provide two officials for each session of the meet. Officials' names should be sent with the entries. Volunteers are always welcomed.

## Swimming Regulations: FINA Rules

Protests: The designated team representative, (Head Coach) must file a signed protest to a referee decision with the meet referee within one hour of the posted results of the event. The cost of the protest will be $\$ 30.00$. The protest will go to the protest committee that will be named prior to the meet start. If the protest is upheld the fee will be returned to the team official.

Finishes: Swimmers must remain in their lane until all swimmers finish the race.

Program: There will be no Preliminaries. All events are Timed Finals and seeded according to entry time. Note: For a seed time it is a BEST OFFICIAL TIME ACHIVIED IN A LAST 12 MONTHS - not a time you hope to achieve (Conversion times will be accepted). Only if you have no seed time should you enter NT.

The pool will be open at least 90 minutes prior to the meet for warm-up. Lane assignments will be given at the beginning of the meet.

Refreshments and Sales: The Carib Swim Team will have drinks and food for sale throughout the meet. NO outside food must be consumed within the physical structure of the club.

Non-Swimmer admission $\$ 1.00$ per day. Kids under 5 free. Each team must declare all coaches/officials at the entry deadline. Those individuals will be admitted at no charge.

Accommodations: Sonesta Maho Beach Resort is offering an all-inclusive rate of $\$ 50$ per child (based on quadruple occupancy) or $\$ 95$ per adult (based on double occupancy). Rate includes breakfast, lunch, dinner and all taxes. To arrange team accommodations, please contact Eliska Hesova at EHesova@sonestastmaarten.com and indicated you are with the CST/Sonesta Maho International Invite Swim Meet. The Sonesta Maho is about 10 minutes away from the pool.

| $1 \& 2$ | 100M Freestyle | $8 \&$ Under |
| :--- | :--- | :--- |
| $3 \& 4$ | 200m Freestyle | $9-10$ |
| $5 \& 6$ | 200m Freestyle | $11-12$ |
| $7 \& 8$ | 200m Freestyle | $13-14$ |
| $9 \& 10$ | 200 m Freestyle | $15-$ - ver |
|  |  |  |
| $11 \& 12$ | 50 m Breaststroke | $8 \&$ under |
| $13 \& 14$ | 50 m Breaststroke | $9-10$ |
| $15 \& 16$ | 50 m Breaststroke | $11-12$ |
| $17 \& 18$ | 50 m Breaststroke | $13-14$ |
| $19 \& 20$ | 50 m Breaststroke | $15-$ Over |
|  |  |  |
| $21 \& 22$ | 50 M Butterfly | $8 \&$ under |
| $23 \& 24$ | 100 m Butterfly | $9-10$ |
| $25 \& 26$ | 100 m Butterfly | $11-12$ |
| $27 \& 28$ | 100 m Butterfly | $13-15$ |
| $29 \& 30$ | 100 m Butterfly | $15-$ Over |

## Session II

31 \& 32

33 \& 34
35 \& 36
37 \& 38
39 \& 40
$41 \& 42$

43 \& 44
45 \& 46
47 \& 48
49 \& 50
51 \& 52

53
54

200 Breaststroke

25m Backstroke
100m Backstroke
100m Backstroke
100m Backstroke
100m Backstroke

25m Freestyle
50m Freestyle
50m Freestyle
50m Freestyle
50m Freestyle
4x50 Mixed Medley Relay
4x50 Mixed Medley Relay

Saturday Morning, 10 JUNE

OPEN

8 \& Under
9-10
11-12
13-14
15 - Over
8 \& Under
9-10
11-12
13-14
15 - Over

12 \& Under
13 \& Over

| 55 \& 56 | 100m Individual Medley | 8 \& Under |
| :---: | :---: | :---: |
| 57 \& 58 | 100m Individual Medley | 9-10 |
| 59 \& 60 | 200m Individual Medley | 11-12 |
| 61 \& 62 | 200m Individual Medley | 13-14 |
| 63 \& 64 | 200m Individual Medley | 15 - Over |
| 65 \& 66 | 200M Freestyle | 8 \& Under |
| 67 \& 68 | 400M Freestyle | Open |
| 10 MINUTES BREAK |  |  |
| 69 \& 70 | 50M Backstroke | 8 \& Under |
| 71 \& 72 | 50M Backstroke | 9-10 |
| 73 \& 74 | 50m Backstroke | 11-12 |
| 75 \& 76 | 50 m Backstroke | 13-14 |
| 77 \& 78 | 50m Backstroke | 15 - Over |
| 79 \& 80 | 200 Butterfly | OPEN |
| 81 \& 82 | 25m Breaststroke | 8 \& Under |
| 83 \& 84 | 100m Breaststroke | 9-10 |
| 85 \& 86 | 100m Breaststroke | 11-12 |
| 87 \& 88 | 100m Breaststroke | 13-14 |
| 89 \& 90 | 100m Breaststroke | 15 - Over |

Session IV
Sunday Morning, 11 JUNE
$91 \& 92$
$93 \& 94$
95 \& 96
97 \& 98
$99 \& 100$
101 \& 102

103 \& 104
105 \& 106
107 \& 108
109 \& 110
111 \& 112

113
114

200 Backstroke OPEN
25M Butterfly
8 \& Under
9-10
11-12
13-14
15-Over

8 \& Under
9-10
11-12
13-14
15-Over
$4 \times 50$ Mixed Free Relay $\quad 12$ \& Under
$4 \times 50$ Mixed Free Relay
13 \& Over

