



UPDATES

Date	Changes
09/04	<ul style="list-style-type: none">Update section 2.6.3. Qualification System and Qualifying Events. Invited athletes who have achieved a Pan American selection time (PST / “B” Time)



TECHNICAL MANUALS

JUNIOR PAN AMERICAN GAMES ASUNCIÓN 2025





TECHNICAL MANUAL



AQUATICS





TECHNICAL MANUAL

AQUATICS

→ Swimming





WELCOME MESSAGE

It is a great honor for me to greet you on behalf of the Organizing Committee of the II Junior Pan American Games Asuncion 2025, the largest sporting event in the history of our country, and to address the entire Pan American Family, especially the National Olympic Committees (NOCs), to express our gratitude for the work they do in support of the development of sports on the continent.

These Games, which will take place from August 9th to 23th, 2025, will bring together more than 4,000 athletes from 41 countries, competing in 28 sports and 42 disciplines, with 218 qualification spots for the 2027 Pan American Games in Lima. This event will mark a milestone in the history of sports in our country, consolidating the legacy of Asuncion as a host city for high-level international competitions.

It is a pleasure to present the Technical Manual of Sports, an essential tool for the organization and success of the Games. This document has been developed with contributions from the technical delegates of the International Federations and the support of Panam Sports, in collaboration with the diverse functional areas of the ASU2025 Organizing Committee. Here you will find detailed information about the schedule, competition format and qualification system, competition and training venues, and other key aspects that will facilitate the work of each delegation.

For Paraguay, the legacy of these Games is invaluable, not only because of the impact on sports but also due to the strengthening of identity and sporting passion within our society. Therefore, I invite each Chef de Mission and delegation leader to work together with commitment, as a team, and always with the aim of providing athletes with a unique and unforgettable experience.

We look forward to welcoming you with open arms and with "The Heart in the Games"!

VICTOR PECCI
Chief Executive Officer
ASU2025 Organizing Committee



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1. INTRODUCTION

Welcome to the Heart of America.

Paraguay, known as the heart of South America, is a fascinating country with a rich history, diverse culture, and beautiful landscapes. Located in the center of South America, Paraguay borders Argentina to the south and southwest, Brazil to the east and northeast, and Bolivia to the northwest. The capital of Paraguay is Asunción, a vibrant city that blends colonial architecture with modern skyscrapers. One of the most distinctive features of Paraguay is its unique cultural heritage, a vibrant mix of Guaraní indigenous and Spanish colonial influences. The official language is Spanish, but Guaraní, an indigenous language, is widely spoken and recognized as an official language alongside Spanish.

1.1. Important Information

Geography and Weather

The Paraguay River divides the country into two main regions: the Eastern Region (to the east of the river) and the Western Region, also known as the Paraguayan Chaco (to the west of the river). The Eastern Region is more populated and has a more varied topography, including hills, plateaus, and plains. This is where the capital, Asunción, and the majority of the country's economic and cultural activities are located. The Western Region, the Paraguayan Chaco, is a vast semi-arid plain with sparse vegetation and infertile soils.

Paraguay has a subtropical climate, with two distinct seasons: a warm and rainy season, with an average temperature ranging from 31°C to 38°C and prevailing winds from the northwest that bring a large amount of rain to the country, and a dry and cool season, with little rainfall, prevailing winds from the south, and an average temperature ranging from 0°C to 14.5°C. In the city of Asunción, the temperature ranges from an average of 16.1°C in July to 31°C in January. During the time of the games, temperatures in Asunción typically range from lows of 10°C to highs of 23°C.

Culture

Paraguayan culture is a unique blend of Guaraní indigenous and European influences, mainly Spanish, encompassing characteristic elements such as *ñandutí* (a traditional lace), the coconut flower, orange blossom, and yerba mate. Music and dance are central elements of Paraguayan culture. Paraguayan polka and guarania are traditional music genres that reflect the country's joy and folklore. The Paraguayan harp is an iconic musical instrument commonly used in folk music. Guaraní culture has also left its mark on other artistic expressions such as theater, painting, and sculpture, created by both national and international artists, which can be enjoyed by tourists in museums, auditoriums, and art galleries. Paraguayan crafts are very diverse and reflect the creativity and skill of the people. *Ñandutí*, a traditional needle lace technique, is particularly



famous in Paraguay. There are also ceramics, leather goods, woodwork, and cotton textiles.

Time Zone

The time zone of Paraguay is Paraguay Time (PYT), which is UTC -3:00.

Language

In Paraguay, two official languages are spoken: Spanish and Guaraní. Spanish is the predominant language in administration, business, and education, while Guaraní is widely spoken by the majority of the population, especially in rural areas. Both languages have official status and are used fluently in daily life. Guaraní, an indigenous language of the region, is a key element of the country's cultural identity and is taught in schools. The coexistence of both languages is a unique feature of Paraguay, reflecting its rich cultural heritage.

Currency and Exchange

In Paraguay, the official currency is the guaraní (PYG), represented by the symbol Gs. Currently, the circulating coins are 50, 100, 500, and 1000 guaraníes, while the available banknotes are 2,000, 5,000, 10,000, 20,000, 50,000, and 100,000 guaraníes. The value of the Paraguayan guaraní against the US dollar fluctuates between 7,600 and 7,800 guaraníes.

Currency exchange can be done at exchange offices located throughout the city. ATMs operate 24/7 to facilitate financial transactions. Prices in stores are displayed in guaraníes and include the Value Added Tax (VAT). As payment methods, businesses accept credit cards, debit cards, cash in guaraníes or dollars, offering various options for customer convenience.

1.2. Welcome to Asuncion 2025

It is an honor to have you with us in this city full of history, culture, and vibrant energy. Enjoy the warmth of its people, its traditions, and everything this wonderful city has to offer. May your stay be an unforgettable experience, filled with discoveries and unique moments. ASU2025 welcomes you with open arms and offers you the best of its essence.

1.3. Asuncion as a city

Asunción, the capital of Paraguay, was founded on August 15, 1537, by the Spanish conquistador Juan de Salazar y Espinoza. It holds a rich cultural and religious history and was key to the foundation of important towns in South America. Asuncion was called "Mother of Cities" by the Spanish, as it became the center of the entire province, and from its ports, expeditions departed for the establishment of other colonies.

Asuncion is also known as the "Green Capital of Latin America" due to its streets and gardens adorned with a variety of vegetation, blending the charm of its colonial architecture with the majestic architecture of a metropolis, offering a unique environment to immerse oneself in the history and evolution of the country. The city is home to historical and iconic buildings such as



the Casa de la Independencia, where the Republic of Paraguay was founded; the Palacio de López, the presidential headquarters; the National Pantheon and Oratory of the Virgin of Our Lady Santa María de la Asunción, the national mausoleum where the remains of several Paraguayan heroes rest; the Cathedral, symbolizing the

Catholic influence on Paraguay's colonization; the Cabildo Museum, the former seat of the Parliament, which is a valuable visit for understanding Paraguay's history; and the National Museum of Fine Arts, where one can appreciate Guaraní culture and exhibitions of works by national and international artists.

According to the National Institute of Statistics, Asuncion has 520,917 inhabitants, while the metropolitan area exceeds 2.7 million inhabitants, making it the most densely populated area of Paraguay.

The capital of Paraguay stands out for its hospitality and its vibrant blend of tradition and modernity. The city is also known as a center for cultural and artistic exchange, leaving an unforgettable mark on all who visit. Asunción is a place where friendship and unity are celebrated with every encounter.

1.4. Asuncion as host of major sports events

Asuncion, the capital of Paraguay, has established itself in recent years as a regional and global reference for hosting multi-sport events, offering high-quality infrastructure, the characteristic hospitality of Paraguayans, and a strong commitment to the development of sports in Latin America.

The city has hosted several multi-sport international events, such as the 2022 South American Games, the 2024 Latin American Special Olympics Games, and is preparing to host the II Junior Pan American Games Asuncion 2025, reaffirming its logistical and organizational capacity as well as its world-class sports infrastructure. These events not only strengthen Asuncion's image as an ideal destination for high-level competitions but also create a positive impact on the local economy, tourism, and the visibility of sports in the region.

Asuncion is not just a venue; it is a commitment to sports, inclusion, and excellence.

1.5. Asuncion 2025

Paraguay will host the II Junior Pan American Games for the first time in its history.



JUNIOR PAN AMERICAN GAMES

Opening Ceremony:	August 9th, 2025
Competition:	From August 9th to August 23rd
Closing Ceremony:	August 23rd, 2025
Participants:	4,014 athletes

Clusters	Venues	Sports program
2 clusters 4 independents venues 2 satellite venues	30 competition venues	28 sports 42 disciplines

1.6. Tika and Tito, the official mascots

The official representatives are a reflection of the mix of cleverness, adventure, and mischief that we find in a characteristic animal of the Paraguayan Chaco: the *Leopardus guttulus*, or wildcat, commonly known as *tiríka*. This small feline inhabits jungles, tropical forests, and subtropical regions, from sea level up to 4,500 meters in height.

Tito enjoys having fun, but at the same time, he is always attentive. If something goes wrong or if he sees Tika about to get into trouble, he's there, taking control and making sure their mischief doesn't escalate too much. He is responsible, careful, and knows how to restore order when things get a little out of hand.

Tika, on the other hand, isn't as concerned with limits. She has that mischievous spark that leads her to do unpredictable yet fun things, keeping us on our toes and wondering what her next move will be. Both have the same physical abilities. They can practice any sport, are agile, know how to dance, and enjoy social media.



2. Competition

The Swimming competition for women and men at the II Junior Pan American Games Asuncion 2025 will take place from August 10th to 14th, 2025, at the Olympic Aquatic Center, located in the Olympic Park in the city of Luque.

2.1. Key Contacts

Sport Authorities		
PanAm Aquatics President	Maureen Croes	maureen@panamaquatics.com
International Technical Delegate	Edgar Caraballo	edgar@panamaquatics.com swimming@panamaquatics.com
Sport Manager	Tamara Maldonado	tamara.maldonado@juegosasu.org.py

2.2. Events and Medals

N°	Events	Gold	Silver	Bronze	Total
	Individual				
1	women's/men's 50 m freestyle	2	2	2	6
2	women's/men's 100 m freestyle	2	2	2	6
3	women's/men's 200 m freestyle	2	2	2	6
4	women's/men's 400 m freestyle	2	2	2	6
5	women's/men's 800 m freestyle	2	2	2	6
6	women's/men's 1.500 m freestyle	2	2	2	6
7	women's/men's 100 m backstroke	2	2	2	6
8	women's/men's 200 m backstroke	2	2	2	6
9	women's/men's 100 m breaststroke	2	2	2	6
10	women's/men's 200 m breaststroke	2	2	2	6
11	women's/men's 100 m butterfly	2	2	2	6
12	women's/men's 200 m butterfly	2	2	2	6
13	women's/men's 200 m individual medley	2	2	2	6
14	women's/men's 400 m individual medley	2	2	2	6
	Relay				



15	women's/men's 4x100 m freestyle relay	2	2	2	6
16	women's/men's 4x200 m freestyle relay	2	2	2	6
17	women's/men's 4x100 m medley relay	2	2	2	6
Mixed Relay					
18	4x100 m medley relay	1	1	1	3
19	4x100 m freestyle relay	1	1	1	3
TOTAL		36	36	36	108

Gold, silver and bronze medals will be awarded in all events of the swimming competition of the II Junior Pan American Games Asuncion 2025.

2.3. Competition Format

The Swimming competition will consist of 36 events: 17 for male, 17 for female and 2 for mixed relays. The structure of the competition will be as follows:

1. The competition will be conducted in eight lanes.
2. The competition will feature preliminary heats, A finals and B finals in all events except for the 800m freestyle (female and male), 1500 m freestyle (female and male) and relay events. Notate that the finals B final swims before the A final.
3. The 800 m freestyle (female and male) and 1500 m freestyle (female and male) will be conducted as a timed final event with the fastest eight seeded swimmers competing in the evening finals session.
4. Relay events will feature preliminary heats and A finals.
5. Mixed relay events will comprise two male and two female swimmers.

2.3.1. Competition Draw

Start lists will be seeded according to World Aquatics rules, based on the swimmers in the final entry list.

For preliminary heats, the fastest 24 swimmers will be distributed in the last three heats, except 400 m freestyle and 400 m individual medley, according to World Aquatics rules, with the remaining swimmers then placed in earlier heats according to their qualification times. For the 400 m freestyle and 400 m individual medley events, the fastest 16 swimmers seeded will be distributed in the last two heats according to World Aquatics rules, with the remaining swimmers then placed in earlier heats according to their qualification times. For the 800 m freestyle and 1500 m freestyle, swimmers will be seeded in a timed final format with the slowest swimmers in the first heat and the fastest swimmers in the



evening finals session. Start lists will be produced following the technical meeting held one day prior to the start of competition.

2.3.2. Starting Positions

The starting positions for all Swimming events at the Junior Pan American Games will be based on seeding as outlined in the World Aquatics Handbook.

2.3.3. Withdrawals from finals

After the end of the preliminary session, each NOC will be responsible for withdrawing the athletes from the final's seeds within a maximum of 30 minutes after the end of the last heat of each preliminary event in the session. Withdrawals are mandatory for any athlete who has competed, regardless of his/her position, as final's seeds may change based on withdrawals from other NOC. After the seeding of the final's session is published, if any athlete does not show up for the final, including substitutes, a penalty of 300 USD, or its equivalent in local currency, will be charged, which will prohibit the participation of any other athlete of the same team until the penalty has been paid. The penalty will be generated for each non-shown of each athlete.

2.4. Competition Schedule

Date	Session	Time	Event	Gender	Stage
10-Aug	S1 09:00 - 10:30	09:00 - 10:30	400 m Freestyle	Women's	Heats
			400 m Freestyle	Men's	Heats
			100 m Breastroke	Women's	Heats
			100 m Breastroke	Men's	Heats
			200 m Butterfly	Women's	Heats
			200 m Butterfly	Men's	Heats
			4x100 m Freestyle Relay*	Women's	Heats
			4x100 m Freestyle Relay*	Men's	Heats
	S2 18:00 - 20:15**	18:00 - 20:15	400 m Freestyle	Women's	A & B Finals
			400 m Freestyle	Men's	A & B Finals
			100 m Breastroke	Women's	A & B Finals
			100 m Breastroke	Men's	A & B Finals
			200 m Butterfly	Women's	A & B Finals
			200 m Butterfly	Men's	A & B Finals
			4x100 m Freestyle Relay	Women's	Final
			4x100 m Freestyle Relay	Men's	Final
11-Aug	S1 09:00 - 10:30	09:00 - 10:30	200 m Freestyle	Women's	Heats
			200 m Freestyle	Men's	Heats
			100 m Butterfly	Women's	Heats



			100 m Butterfly	Men's	Heats
			200 m Backstroke	Women's	Heats
			200 m Backstroke	Men's	Heats
			4x100 m Freestyle Relay*	Mixed	Heats
	S2 18:00 - 20:00 **	18:00 - 20:00	200 m Freestyle	Women's	A & B Finals
			200 m Freestyle	Men's	A & B Finals
			100 m Butterfly	Women's	A & B Finals
			100 m Butterfly	Men's	A & B Finals
			200 m Backstroke	Women's	A & B Finals
			200 m Backstroke	Men's	A & B Finals
			4x100 m Freestyle Relay	Mixed	Final
12-Aug	S1 09:00 - 11:00	09:00 - 11:00	100 m Freestyle	Women's	Heats
			100 m Freestyle	Men's	Heats
			200 m Breaststroke	Women's	Heats
			200 m Breaststroke	Men's	Heats
			100 m Backstroke	Women's	Heats
			100 m Backstroke	Men's	Heats
			800 m Freestyle	Women's	Slower heats
			800 m Freestyle	Men's	Slower heats
			4x100 m Medley Relay *	Mixed	Heats
	S2 18:00 - 20:30 **	18:00 - 20:30	100 m Freestyle	Women's	A & B Finals
			100 m Freestyle	Men's	A & B Finals
			200 m Breaststroke	Women's	A & B Finals
			200 m Breaststroke	Men's	A & B Finals
			100 m Backstroke	Women's	A & B Finals
			100 m Backstroke	Men's	A & B Finals
			800 m Freestyle	Women's	Fastest heat
			800 m Freestyle	Men's	Fastest heat
			4x100 m Medley Relay	Mixed	Final
13-Aug	S1 09:00 - 10:15	09:00 - 10:15	50 m Freestyle	Women's	Heats
			50 m Freestyle	Men's	Heats
			400 m Individual Medley	Women's	Heats
			400 m Individual Medley	Men's	Heats
			4x200 m Freestyle Relay*	Women's	Heats
			4x200 m Freestyle Relay*	Men's	Heats
	S2 18:00 - 20:00 **	18:00 - 20:00	50 m Freestyle	Women's	A & B Finals



14-Aug			50 m Freestyle	Men's	A & B Finals
			400 m Individual Medley	Women's	A & B Finals
			400 m Individual Medley	Men's	A & B Finals
			4x200 m Freestyle Relay	Women's	Final
			4x200 m Freestyle Relay	Men's	Final
	S1 09:00 - 11:00	09:00 - 11:00	1500 m Freestyle	Women's	Slower heats
			200 m Individual Medley	Women's	Heats
			200 m Individual Medley	Men's	Heats
			1500 m Freestyle	Men's	Slower heats
			4x100 m Medley Relay *	Women's	Heats
			4x100 m Medley Relay *	Men's	Heats
	S2 18:00 - 20:00 **	18:00 - 20:00	1500 m Freestyle	Women's	Fastest heat
			200 m Individual Medley	Women's	A & B Finals
			200 m Individual Medley	Men's	A & B Finals
			1500 m Freestyle	Men's	Fastest heat
			4x100 m Medley Relay	Women's	Final
			4x100 m Medley Relay	Men's	Final

* Subject to the number of entered teams.

** All the Medal Ceremonies will take place during the final's sessions, in all competition days.

2.5. Training Schedule and Venue

The training schedule during competition days, in the preliminary sessions will start at 07:30 AM, and the final sessions will begin at 16:30 PM. Training will be an open format for all competitors without pre-assignment of lanes and times for specific teams. However, trainings of the afternoon section of the opening day will be restricted.

August 7th and 8th, 2025		
Time	Main Pool	Warm up pool (25mts)
08:00 - 11:00	Open	Open
11:00 - 17:00	Close	Close
17:00 - 20:00	Open	Open

August 9th, 2025		
Time	Main Pool	Warm up pool (25mts)
08:00 - 12:00	Open	Open



12:00 - 20:00	Close	Close
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August 10th – 14th, 2025		
Time	Main Pool	Warm up pool (25mts)
07:30 - 08:45	Open	Open
08:45 - 09:00	Close	Open
09:00 - 11:00	Competition	Open
11:00 - 12:00	Open	Open
12:00 - 14:00	Close	Close
16:30 - 17:45	Open	Open
17:45 - 18:00	Close	Open
18:00 - 20:30	Competition	Open
20:30 - 21:30	Open	Open

2.6. Qualification System

2.6.1. Quota

The quota is 272 athletes

Quota			
	Qualification	Host NOC	Total
Men's	122	14	136
Women's	122	14	136
TOTAL	244	28	272 athletes

Quota per NOC	
	Qualification
Men's	14
Women's	14
TOTAL	28

*A NOC that participates in relays can have 4 relay-only athletes, two per gender. For further clarity, a maximum of 2 men and 2 women within the NOC's maximum quota.

2.6.2. Athletes Eligibility

The athletes must have signed and submitted the Athlete Eligibility Condition Form.

Only the NOCs recognized by Panam Sports whose National Federations are affiliated to World



Aquatics (AQUA) and PanAm Aquatics may enter competitors in the Asuncion 2025 Junior Pan American Games (ASU2025).

To be eligible to participate in ASU2025, the athlete must fulfill the Panam Sports Regulations, the AQUA rules and be entered by his/her NOC.

The nationality of the athlete will be decided in accordance with the Panam Sports Regulations and Section 3 (Sports Nationality) of Part 1 (Rules applicable to all aquatic sports) of the AQUA competition regulations.

All participating athletes must be Under-23, athletes born between 2003 – 2009. The athletes must be up to 22 years old by December 31, 2025.

2.3.3. Qualification System and Qualifying Events

Qualification period: January 1, 2024 – May 17, 2025.

As host country, Paraguay will automatically qualify 14 male athletes and 14 female athletes.

The NOCs can only send athletes to ASU2025 who have qualified through the system established by Panam Aquatics.

Each National Olympic Committee (NOC) may use the proven swim times obtained during the qualification period by those swimmers who have met the qualification standards established by PanAm Aquatics for ASU2025.

PanAm Aquatics has established the following eligible events to be used as qualification events for these Games:

- AQUA World Championships.
- Continental championships.
- ASU2025 Junior Pan American Games qualification event: PanAm Aquatics Championships

Medellin 2025, on May 13th to the 17th.

- National championships and events.
- For additional events, please send your request before the start of the event to

office@panamaquatics.com. At the end of the event, the results files must be sent to Swimcloud to the email: results@swimcloud.com.

The priority order for qualification and selection for ASU2025 will be:

1. All athletes with an “A” qualification time (PQT) (last page of this document)
2. Relay-only athletes



3. Universality quotas (Universality quotas are guaranteed, however, the names will be released once the PST B process is finalized)
4. Invited athletes who have achieved a “B” time (PST) (last page of this document)

Pan American Qualification Time (PQT / “A” Time) and Pan American Selection Time (PST / “B” Time)

- For each individual event of the Junior Pan American Games, PanAm Aquatics will establish 2 (two) types of standard entry times:
 - a. Pan American qualification time (PQT / “A” Time)
 - b. Pan American selection time (PST / “B” Time)
- The above-mentioned times can only be achieved in competitions approved by PanAm Aquatics for that end during the qualification period.

Athletes who have achieved the Pan American qualification time (PQT / “A” Time)

- Athletes who achieve the PQT / “A” Time in one or more individual events will automatically qualify to participate in ASU2025.
- The NOCs can enter up to two (2) athletes per gender in the same event if both athletes have achieved the PQT / “A” Time.

Universality

- NOCs without athletes that have achieved a PQT / “A” Time or a PST / “B” Time may enter a maximum of two (2) men and two (2) women.
- NOCs with athletes who have achieved a PQT / “A” Time and/or who have been selected by PanAm Aquatics for a PST / “B” Time in only one (1) gender, may also enter athletes by universality to complete the maximum quota per gender.
- Under the universality rule, each NOC is guaranteed the entry of two male and two female athletes, each of whom may participate in a maximum of three individual events, without having a qualification time for any event.
- An NOC that enters universality athletes for ASU2025 is eligible to enter mixed relays, but may not enter relay-only athletes.
- Universality quotas must be in the long list of the Organizing Committee’s system and be registered by the NFs in Swimcloud.



- Universality quotas must be requested no later than May 18, 2025, to PanAm Aquatics and Panam Sports, to the following emails: office@panamaquatics.com y andrea@panamsports.org

- Universality quotas and the athletes' names by universality will not be final until PanAm Aquatics completes the allocation of PST / "B" and the reallocation process.

- During that process, PanAm Aquatics will, as required, reallocate quotas to NOCs that have guaranteed universality quotas available and request the NOC to confirm the name(s) of the athlete(s) who will occupy those places (no more than two men and two women per NOC, in accordance with the universality rule and the event(s) in which they will participate).

Relays and relay-only athletes

- Each NOC may enter a team in each relay event, provided that it has at least one athlete with PST / "B" standards that has been invited to compete in ASU2025.

- Each NOC will be allowed a maximum of one relay-only athlete per gender. The NFs must send their relay-only athletes requests to PanAm Aquatics until May 18, 2025, detailing the names and last names of each one of them. All other athletes who participate in relays must be entered in at least one individual event.

- Any athlete entered to compete in an individual event may swim in any relay and does not need a qualification time in the specific distance/style to do so.

- Relay-only athletes are only eligible to swim in relays and will not be allowed to swim in any individual event. A relay-only athlete must participate in at least one relay (whether in preliminary rounds or finals).

- Each of the relay-only athletes must have a qualification PQT / "A" Time or PST / "B" Time in the style/distance that he or she will swim in a relay.

- If a relay-only athlete does not compete, this leads to disqualification of the NOC relay team in the last race in which he/she competed. In addition, if a relay-only swimmer fails to compete in the heats of a relay in which the NOC fails to qualify for the finals, the relay will be disqualified.

If a relay-only athlete participates in multiple relays but does not compete in any relay for which he or she is eligible, the final relay for which he or she was eligible shall be the relay that is disqualified.

- If a relay-only athlete is unable to compete for medical reasons, he/she may be excused from the requirement to participate in a relay. A member of the Panam Sports Medical Commission or its designee will be present at the heats and finals and will be the independent physician with the authority to make decisions on the participation of relay-only athletes.



- The designated physician has the final authority to make decisions on non-participation due to injury or illness, including those related to relay-only athletes. In addition, he/she is responsible for determining the permitted use of tape on athletes' bodies.

- The participants in relays can be completely different between heats and finals, with up to eight different athletes.

Invited athletes who have achieved a Pan American selection time (PST / "B" Time)

- After finishing the PQT / "A" Time qualification period and if the quota of 272 athletes is not achieved, PanAm Aquatics will evaluate the number of athletes who achieved a PQT / "A" Time, the number of relay-only athletes and the number of universality quotas.

- PanAm Aquatics will then invite athletes who have achieved a PST / "B" Time until the total quota of 272 athletes is reached. The PST places shall be distributed by event, according to the position in the AQUA World Ranking of May 17, 2025.

- The NOCs may enter up to two (2) athletes in the same event if both athletes have achieved a PST / "B" Time.

- Athletes invited through PST / "B" Times are allowed to compete in a maximum of five individual events, including the event on which their selection was based, provided that the NOC has place for that specific event.

- The rule of a maximum of two entries per event and per NOC still applies.

Pre-entry process in Swimcloud

The NFs must carry out a pre-registration process in Swimcloud, for which the NFs must access and upload the information of the athletes and their results. For this purpose, up to two people authorized by each National Federation may register in the system. It is suggested that the technical directors, coaches or administrative personnel manage the information of the athletes and/or their results.

National Federations must submit the nomination of their Swimcloud data managers by downloading, completing and returning the following signed form by March 30, 2025:

<https://drive.google.com/file/d/1WwVf3uGiBdrphAw6H1new5icfXwMUBR5/view>

An informative virtual meeting will be held on May 1 at 10:00 ET, to which only authorized persons from each National Federation will be invited as Swimcloud data managers. The meeting will be available in English and Spanish.



Swimcloud data managers must activate their account on the platform, upload the information of all potential athletes to participate, and the respective results of the events where they achieved the times. The results of qualifying events, including national championships, can also be sent to the e-mail address: results@swimcloud.com.

Results must be sent according to the following guidelines (more information here):

- Allowed formats: Active Hy-Tek (.CL2 or .SD3), Lenex Meet Manager (.len), Splash Meet Manager (.xml).
- Prohibited formats: PDF and HTML.

The pre-entry system will open at 10:00 (ET) – May 1, 2025.

The pre-entry system will close at 23:45 (ET) – May 18, 2025.

NOTE: The numerical entry and long list must be submitted by the NOCs through the ASU2025 system on time, which is before May 9, 2025. The long list must include all potential athletes who can participate, which is: by attaining a PQT / “A” Time, a PST / “B” Time, by being a potential relay-only athlete or by universality (consider two or more candidates for medical reasons).

2.6.4. Confirmation of quotas

No later than May 21, 2025, PanAm Aquatics will confirm to Panam Sports and to the NOCs the places qualified by the NOCs.

No later than May 26, 2025, the NOCs shall confirm to Panam Sports and PanAm Aquatics through a specific format which shall be signed in conformity by the NOC and the NF.

All NOCs must submit their entries by number and long list by the deadline of May 9, 2025.

2.6.5. Reallocation of unused quotas

If necessary, PanAm Aquatics will complete the quota according to the following order:

1. Invited athletes who have achieved a selection time for the Junior Pan American Games (PST) “B” Time.
2. Reallocation of (PST) “B” Times for selection for the Pan American Games

This process shall start as of May 27, 2025.

The NOCs that receive reallocated quotas must confirm their participation no later than May 30, 2025.

2.6.6. Qualification for the Lima 2027 Pan American Games



In Swimming, all gold medalists of individual events will obtain direct qualification for the Lima 2027 Pan American Games. A total of 14 quotas per gender (28 in total) will be allocated in these competitions.

The places obtained are for the athletes, not for the country. If the athlete who earned the quota cannot participate in the Lima 2027 Pan American Games, the quota will be lost and may not be transferred to the country or to any other athlete placed in another position in the II Junior Pan American Games Asuncion 2025.

2.6.7. Key Dates

TIMELINE	
Date	Key Event
January 1, 2024	The qualification period starts.
May 1, 2025	The Swimcloud pre-entry system opens. Informative meeting for Swimcloud system managers (the persons assigned by the NFs must log in).
May 9, 2025	Entry by number deadline.
May 13-17, 2025	PanAm Aquatics Championships Medellin 2025 - Swimming.
May 17, 2025	End of the qualification period.
May 18, 2025	The Swimcloud pre-entry system closes at 23:45 ET.
May 18, 2025	Deadline to request universality quotas and relay-only athletes.
May 21, 2025	PAQ will confirm to Panam Sports and to the NOCs the places they have qualified.
May 26, 2025	The NOCs must confirm to Panam Sports and to PAQ the places they will use.
May 27, 2025	Reallocation of unused quotas begin and continues until the entry by name deadline or until the quota is reached, whichever comes first.
May 30, 2025	The NOCs that receive reallocated quotas must confirm their intention to use them.
June 1, 2025	PanAm Aquatics submits the final list of quotas.
July 19, 2025	Entry by name deadline.

2.6.8. Qualification Standards



QUALIFICATION STANDARDS		
Women's		
	"PQT/ Time A"	"PQT/ Time B"
50m Freestyle	26.03	27.69
100m Freestyle	57.35	1:00.80
200m Freestyle	2:04.10	2:12.02
400m Freestyle	4:20.76	4:36.18
800m Freestyle	8:58.95	9:30.81
1,500m Freestyle	17:06.05	18:06.71
100m Backstroke	1:03.37	1:07.41
200m Backstroke	2:19.78	2:28.70
100m Breaststroke	1:11.36	1:15.91
200m Breaststroke	2:35.15	2:45.05
100m Butterfly	1:01.11	1:05.01
200m Butterfly	2:16.14	2:24.19
200m Individual Medley	2:20.39	2:29.35
400m Individual Medley	5:02.46	5:20.34
Men's		
	"PQT/ Time A"	"PQT/ Time B"
50m Freestyle	22.92	24.38
100m Freestyle	50.29	53.22
200m Freestyle	1:51.30	1:57.88
400m Freestyle	3:57.96	4:12.02
800m Freestyle	8:17.44	8:46.85
1,500m Freestyle	15:49.84	16:50.47
100m Backstroke	56.75	1:00.37
200m Backstroke	2:04.31	2:12.11
100m Breaststroke	1:02.69	1:06.93
200m Breaststroke	2:18.21	2:27.03
100m Butterfly	54.54	57.76



200m Butterfly	2:02.35	2:09.58
200m Individual Medley	2:04.92	2:12.89
400m Individual Medley	4:29.44	4:46.64

2.7. Rules and regulations

2.7.1. Rules

The competitions will be conducted under the AQUA regulations of in force at the time of the event.

2.7.2. Protests and appeals

Protests will be handled as established in the World Aquatics regulations, Section 1, Number 13, except for the following:

- The protest must be submitted in writing using the official Games forms.
- The protest must include a deposit of USD 500 or its equivalent in local currency. (PYG).
- The Pan American Junior Games Regulations of Panam Sports.

For the Games, the Jury of Appeal will be composed of a minimum of three members, including the PAQ Executive Committee, Honorary PAQ members present, and the AQUA Delegate (if present), with the PAQ President, or in her absence, a PAQ Vice President and/or the PAQ Executive Liaison for the discipline, serving as the President.

To meet the minimum quorum, the following positions may be added:

- Chief Operations Officer (COO).
- Chairs of PAQ Committees.
- PAQ Committee Commission Members.

A jury member whose NOC is involved in the case may participate in discussions but will not be allowed to vote. Technical officials and judges are not eligible to be part of the jury. The decision of the Jury of Appeal will be final.

2.7.3. Use of brands in sports equipment and clothing

The competition uniforms, non-competition uniforms, and sports equipment for the II Junior Pan American Games 2025 must comply with the guidelines established in the "Uniform and



Sports Equipment Guidelines for the Games" by Panam Sports, which meet the requirements of the International Federations of each sport.

The document and brand usage manuals can be found at the following link:

https://drive.google.com/drive/folders/1GUTHv3gWx01r4DCn6QyE_1qTfTjiFjN-?usp=sharing

The key dates for the uniform design review and approval process are as follows:

https://drive.google.com/drive/folders/1GUTHv3gWx01r4DCn6QyE_1qTfTjiFjN-?usp=sharing

National Olympic Committees (NOCs) must submit illustrations of all training and competition uniforms, as well as sports equipment, to their representative for approval by the NOCs, with a deadline of April 30, 2025.

Panam Sports will communicate the approval or required modifications within 10 business days of the submission date.

Illustrations and materials can be sent to uniforms@panamsports.org. For more information regarding the process for each sport, please refer to the specific guidelines for each sport or the Technical Manual specific to each sport.

2.8. Technical Officials

For the II Junior Pan American Games Asuncion 2025, the Technical Officials (TO) will include:

Judging structure	ITO	NTO
International Technical Delegate	1	
Referees	2	
Start Judges	2	
Stroke Judges	2	2
Head of turns Inspectors	2	
Turns Inspectors		16
Control room Supervisor	1	
Call room Officials (2 per gender)	2	2
Technical Commission	3	
Resolution Table*		2
Warm up Supervisors		3
Reserve Officials		2
Total	15	27



2.9. Technical Meeting

The technical meeting will take place on August 9th, 2025, at 10:00 hours at the competition venue. The meeting will be open to everyone with appropriate accreditation. Team Leaders and the Coaches from each Delegation, with a maximum of 3 per each NOC, must attend.

Withdrawals: Withdrawals from the preliminary heats of individual events and relays must be submitted by filling out the withdrawal form at the end of the technical meeting.

3. Service Guide

This information will be available in May 2025, following the publication of the Chefs de Mission Dossier.