



**‘Y’ SPEEDOS SWIM CLUB  
2019 KARL DALHOUSE  
MEMORIAL INVITATIONAL SWIM MEET  
January 25th – 27th 2019**

**ASAJ SANCTION #: 21901**

**VENUE: JAMAICA NATIONAL STADIUM**

Arthur Wint Drive  
Kingston, Jamaica

**FACILITY:** Eight (8) Lane 50M Competition Pool  
Eight (8) Lane 25M Warm Down Pool  
Colorado Electronic Timing CTS6  
Meet Scoring: HY-TEK MEET MANAGEMENT

**DATES:** Friday, January 25th – Sunday January 27th, 2019

**TIMES:** (Pool opens 1½ hours before start of a session.)  
Session 1, Friday Evening: 5:00 pm (warm up 3:30 pm)  
Session 2, Saturday Morning: 8:30 am (warm up 7:00 am)  
Session 3, Saturday Afternoon: 3:30 pm (warm up 2:00 pm)  
Session 4, Sunday Morning: 9:00 am (warm up 7:30 am)

**ELIGIBILITY:** Local clubs and swimmers registered with the ASAJ as well as overseas teams and swimmers with a sanction letter from their respective swimming organizations/federations.  
Age Group ages for the meet shall be as of midnight, January 24<sup>th</sup>, 2019. Masters must be 25 years and over at Dec 31<sup>st</sup>, 2018.

**ASAJ REGISTRATION:** Swimmers must be registered with the ASAJ no later than **4.00 pm FRIDAY, JANUARY 11<sup>th</sup>, 2019**

**INDIVIDUAL ENTRIES:** Number of Events per Swimmer: No Limit  
Number of Entries per Event per Club: No Limit, **save and except for the following events:**  
5/6, 41/42, 43/44 (400M and above): max 2 heats (M/F)  
10 & Under, 100M and above: max 3 entries per club (M/F)  
11 & Over, 200M and above: max 4 entries per club (M/F)



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- RELAY ENTRIES:** Number of relays per club: 2 per event.  
Mixed Relays to contain: (2) female and (2) male swimmers.  
Relay-only swimmers MUST be declared on the entry.
- ENTRY FEES:** JMD 300 / USD 3.00 per swimmer per event  
JMD 400 / USD 4.00 per team per relay  
JMD 300 / USD 3.00 surcharge per swimmer  
Please make cheques payable to: ‘Y’ Speedos Swim Club.  
Entry fees must be paid in full before the meet.  
Manual entries will attract a JA\$1000.00 Administrative fee.
- ENTRY DEADLINE:** **4.00 pm FRIDAY, JANUARY 14<sup>th</sup>, 2019**  
Entries (in HYTEK format) must be emailed to:  
[yspeedos@gmail.com](mailto:yspeedos@gmail.com)
- ENTRY FORMS:** Seed times are preferred for each entry. If no seed time is submitted, then the entry will be classified as NT.  
Entry times for the 400m and over events must be accompanied with proof (meet and date) of the times achieved.
- RULES:** FINA RULES and ASAJ Bye-Laws in force at the time of competition will apply unless otherwise stated.  
Competitors will only be allowed to swim in their age-group i.e. 8&U, 9-10, 11-12, 13-24, OPEN and Masters.  
Deck entries will be allowed if space is available at JMD 500/ USD 5.00 per entry. Deck entries will not score points.
- MARSHALLING:** There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.  
Coaches are responsible to get their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.



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**RELAYS:** Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

**ALL EVENTS ARE TIMED FINALS**

**SCORING:** Individual Events score 9,7,6,5,4,3,2,1 points for places 1-8  
Relays score 18, 14, 12, 10, 8, 6, 4, 2 points for places 1-8  
**Points will be awarded to the top two finishers from each club only.** Swimmers aged 13-24 will swim together, but score according to the following age groups: 13-14, 15-17 and 18&Over. Masters competitors will score points in their age group bands i.e. 25-34, 35-44, 45-54, 55-64, and 65-74.

**AWARDS:** The KD Age Group Trophy will be awarded to the overall winning club. The KD Masters Trophy will be awarded to the overall winning Masters Team. The Matthew Hylton Trophy will be awarded to the winner of Event #20, Boys 13-14, 200M Breast.

**SPECTATOR GATE FEES:** Children: JMD 100 / USD 1.00  
Adults: Friday JMD 300 / USD 3.00  
Saturday – Sunday: JMD 400 / USD 4.00 per Session.  
Season Ticket: JMD 1300 / USD 13.00 (Fri-Sun) or JMD 1100 / USD 11.00 (Sat-Sun)

**PROGRAMMES:** Will be sold at the gate.

**CONCESSIONS:** Snacks, fruit, meals and drinks on sale throughout the meet.

**OFFICIALS:** Referees and Starters on the FINA Swimming Lists no. 19 & 20 will work each session.



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**ADDITIONAL RULES:**

Local Clubs are required to submit a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ASAJ office at least 4 days before the start of the competition.

Volunteers **MUST** report to the volunteer desk at least 60 minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant clubs will be excluded from participation):

- 1-10 swimmers entered: one (1) volunteer per session
- 11-20 swimmers entered: Four (4) volunteers per session
- 21-40 swimmers entered: Five (5) volunteers per session
- 41 or more swimmers: Eight (8) volunteers per session
- Unattached swimmers: One (1) volunteer for one (1) session

**ACCOMMODATION:**

Options for competitors from overseas are available upon request.

For any additional information please contact:

Dr. Brian James (Meet Director)

Tel: (876) 929-4279 (h)

(876) 352-4138 (c)

Fax: (876) 929-9387

Email: [shaunjus@yahoo.com](mailto:shaunjus@yahoo.com)



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**Session 1 Friday, January 25th, 2019 5:00pm**

| Girls | Age Group | Distance/Stroke | Boys | Max Entries     |
|-------|-----------|-----------------|------|-----------------|
|       |           |                 |      |                 |
| 1     | 8&under   | 100m Freestyle  | 2    | 3               |
| 3     | 9-10      | 100m Freestyle  | 4    | 3               |
| 5     | Open      | 800m Freestyle  |      | 4 (max 2 heats) |
|       | Open      | 1500m Freestyle | 6    | 4 (max 2 heats) |
| 7     | 8&under   | 50m Butterfly   | 8    |                 |
| 9     | 9-10      | 50m Butterfly   | 10   |                 |
| 11    | 11-12     | 50m Freestyle   | 12   |                 |
| 13    | 13-24     | 50m Freestyle   | 14   |                 |

**Session 2 Saturday, January 26th, 2019 8:30am**

| Girls | Age Group | Distance/Stroke            | Boys | Max Entries |
|-------|-----------|----------------------------|------|-------------|
|       |           |                            |      |             |
| 15    | 9-10      | 100m Breaststroke          | 16   | 3           |
| 17    | 11-12     | 200m Breaststroke          | 18   | 4           |
| 19    | 13-24     | 200m Breaststroke          | 20   | 4           |
| 21    | 8&under   | 50m Freestyle              | 22   |             |
| 23    | 9-10      | 50m Freestyle              | 24   |             |
| 25    | 11-12     | 100m Freestyle             | 26   |             |
| 27    | 13-24     | 100m Freestyle             | 28   |             |
| 29    | 8&under   | 200m Individual Medley     | 30   | 3           |
| 31    | 9-10      | 200m Individual Medley     | 32   | 3           |
| 33    | 11-12     | 200m Individual Medley     | 34   | 4           |
| 35    | 13-24     | 200m Individual Medley     | 36   | 4           |
| 37    | 8&under   | 200m Mixed Freestyle Relay | 37   | 2           |
| 38    | 9-10      | 200m Mixed Freestyle Relay | 38   | 2           |
| 39    | 11-12     | 200m Mixed Freestyle Relay | 39   | 2           |
| 40    | 13-24     | 200m Mixed Freestyle Relay | 40   | 2           |



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**Session 3 Saturday, January 26th, 2019 3:30pm**

| Girls | Age Group | Distance/Stroke            | Boys | Max Entries     |
|-------|-----------|----------------------------|------|-----------------|
| 41    | 11-12     | 400m Freestyle             | 42   | 4 (max 2 heats) |
| 43    | 13-24     | 400m Freestyle             | 44   | 4 (max 2 heats) |
| 45    | 9-10      | 100m Backstroke            | 46   | 3               |
| 47    | 11-12     | 100m Backstroke            | 48   |                 |
| 49    | 13-24     | 100m Backstroke            | 50   |                 |
| 51    | 25-99     | 50m Backstroke             | 52   |                 |
| 53    | 8&under   | 50m Backstroke             | 54   |                 |
| 55    | 9-10      | 50m Backstroke             | 56   |                 |
| 57    | 11-12     | 200m Butterfly             | 58   | 4               |
| 59    | 13-24     | 200m Butterfly             | 60   | 4               |
| 61    | 25-99     | 50m Butterfly              | 62   |                 |
| 63    | 8&under   | 200m Freestyle             | 64   | 3               |
| 65    | 9-10      | 200m Freestyle             | 66   | 3               |
| 67    | 11-12     | 200m Freestyle             | 68   | 4               |
| 69    | 13-24     | 200m Freestyle             | 70   | 4               |
| 71    | 25-99     | 200m Mixed Freestyle Relay | 71   | 2               |

**Session 4 Sunday, January 27th, 2019 9:00am**

| Girls | Age Group | Distance/Stroke         | Boys | Max Entries |
|-------|-----------|-------------------------|------|-------------|
| 72    | 25-99     | 200m Mixed Medley Relay | 72   | 2           |
| 73    | 9-10      | 100m Butterfly          | 74   | 3           |
| 75    | 11-12     | 100m Butterfly          | 76   |             |
| 77    | 13-24     | 100m Butterfly          | 78   |             |
| 79    | 25-99     | 50m Breaststroke        | 80   |             |
| 81    | 8&under   | 50m Breaststroke        | 82   |             |
| 83    | 9-10      | 50m Breaststroke        | 84   |             |
| 85    | 11-12     | 100m Breaststroke       | 86   |             |
| 87    | 13-24     | 100m Breaststroke       | 88   |             |
| 89    | 25-99     | 50m Freestyle           | 90   |             |
| 91    | 11-12     | 200m Backstroke         | 92   | 4           |
| 93    | 13-24     | 200m Backstroke         | 94   | 4           |
| 95    | 8&under   | 200m Mixed Medley Relay | 95   | 2           |
| 96    | 9-10      | 200m Mixed Medley Relay | 96   | 2           |
| 97    | 11-12     | 200m Mixed Medley Relay | 97   | 2           |
| 98    | 13-24     | 200m Mixed Medley Relay | 98   | 2           |