



ASAJ Christmas Open
National Aquatic Centre, Kingston Jamaica
December 18-21, 2021

ASAJ Sanction #: 22110

Venue: National Aquatic Center: 8 Lane Competition Pool (with 25m Warm Up Pool)
Colorado Electronic Timing System (CTS6): pads with back-up buttons

Date and Times:	Saturday December 18, 2021	8:30 am and 3:00 pm
	Sunday December 19, 2021	9:00 am and 3:00 pm
	Monday December 20, 2021	9:00 am and 4:00 pm
	Tuesday December 21, 2021	9:00 am and 4:00 pm

Pool will be opened 60 minutes before the start of each session. All participants, athletes, coaches, officials must leave the pool facility at the end of the morning sessions to facilitate cleaning.

Eligibility: All Clubs and Swimmers, in good standing, registered with the ASAJ. LIMITED TO 150 SWIMMERS per session. ALL CLUBS WHO WISH TO ENTER MUST HAVE REPRESENTATION. Where the number of entrants exceeds 150 per session, Clubs will be asked to reduce the number of swimmers they have entered.

Jamaican citizens not residing in Jamaica who wish to participate in the Meet must obtain a release from the quarantine order from the Ministry of Health and Wellness (MOHW) and present same upon entry at the NAC.

Age groups according to the swimmer's age as at **December 31st, 2020**.
Minimum Age of Entry: 7 years old

Minimum age for OPEN events: 13 years old.

Registration: **The ASAJ register closes at 4:00 pm December 3, 2021.**

Entry Fees: J\$400 per swimmer per individual event. Time trials \$800 per event. Relay events \$800 per team per event.

Entry fees are to be paid by December 13, 2021 by 4:00pm. (This will be strictly enforced. There will be no late fees. Clubs/swimmers who do not adhere to this will not be allowed to participate).

Date of birth for each swimmer must be included in the entry file.

There will no refund for swimmers who scratch any event.



Entry Limits: Number of events per swimmer per session: No limit
Number of relay teams per Club: 2 per event

There will be a strict adherence to the time limits of each session. The Meet director reserves the right to change meet warm-up, start times, or drop/move events, add breaks in order to hold an efficient meet within the Government of Jamaica Curfew Guidelines.

Technical Meeting: There will be a coaches meeting by Zoom on **Thursday, December 16, 2021 at 7:00pm** to inform coaches of timelines, any changes and other related matters pertaining to the Meet. It is the coaches' responsibility to be aware of all changes

Entry Deadline: Entries must be submitted via HY-TEK software by **December 3, 2021 by 11:59 p.m.** to asaj.meets@gmail.com.

Rules:

1. FINA Rules and ASAJ By-Laws in force at the time of the competition will apply.
2. FINA Starting rule SW 4 will apply
3. Any swimmer starting before the starting signal has been given, shall be disqualified. See additional Rules and Regulations
4. Additional Rules in regards to Covid-19 Protocols are included in the Protocols document
5. The 50, 100 and 200 M individual 11-12 and OPEN events will be swum as heats and finals. Heats with 8 or fewer competitors on the blocks will go straight to finals. The 400, 800 and 1,500 M events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning. 7 - 8, 9-10 and 10 & Under events are all timed finals. Relays will be swum as timed finals at the end of the evening sessions.
6. Relay cards are to be in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the head lane time keeper at the beginning of the event.
7. Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
8. For the 800 & 1,500 M Freestyle events, Clubs are required to provide a lap counter for each swimmer entered.
9. For the 400, 800, 1,500 M Freestyle and the 400 M Individual Medley events, there will be a positive check in for the event no later than fifteen (15) minutes prior to the scheduled start of the session.
10. Once the swimmers are under the Starter's orders and he/she has taken control of the race (after the second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified.
11. Competitors will only be allowed to swim in their respective Age Group.



12. Deck entries will NOT be accommodated. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but the swimmer will not move onto the finals, or score points, or be eligible for awards.

Additional Rules: Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition. Time trials will be allowed at the discretion of the Meet Director.
Substitutions will NOT be allowed.
Offending swimmers will be disqualified from the competition.

Officials: Referees and Starters on the FINA Swimming Lists no. 20 & 21 will officiate at each session.

Volunteers: Per Covid-19 Protocols, one (1) chaperone per 20 swimmers will be assigned per Club who is responsible to ensure swimmers follow Covid-19 protocols. Officials and coaches as per Covid-19 Protocols.

Marshalling: There will be no marshalling area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress. It is the responsibility of the coaches to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat they will automatically be disqualified.

The finals (evening session) will be marshalled.

Protests All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500 or US\$12.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.

Jury of Appeal

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each club.



Scoring & Awards: Points will be awarded for timed finals and finals as follows:
9, 7, 6, 5, 4, 3, 2, 1 for 1st to 8th place (Individual Events)
18, 14, 12, 10, 8, 6, 4, 2 for 1st to 8th place (Relay Events)

MEDALS will be awarded to the top three (3) swimmers in each Final

Overall team scores will be announced.

A performance trophy will be awarded to the male and female swimmer in the OPEN category and 11-12 age group category who attain the highest FINA Points ranking in a single event.

A performance certificate will be awarded to any swimmer who attains at least one 15-16 100M+ AAAA time.



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ORDER OF EVENTS

Saturday AM	December 18		8:30 a.m		
1	800M	Freestyle (slow heats)	TF	F	OPEN
2	1500M	Freestyle (slow heats)	TF	M	OPEN
3-4	100M	Freestyle	TF	F/M	7 - 8
5-6	200M	Breaststroke	H	F/M	11-12
7-8	200M	Breaststroke	H	F/M	OPEN
9-10	100M	Freestyle	TF	F/M	9-10
11-12	50M	Backstroke	H	F/M	11-12
13-14	50M	Backstroke	H	F/M	OPEN
15-16	200M	Backstroke	TF	F/M	10 & U
17-18	100M	Butterfly	H	F/M	11-12
19-20	100M	Butterfly	H	F/M	OPEN
Saturday PM	December 18		3:00 p.m		
1	800M	Freestyle (fastest heat)	TF	F	OPEN
2	1500M	Freestyle (fastest heat)	TF	M	OPEN
5-6	200M	Breaststroke	F	F/M	11-12
7-8	200M	Breaststroke	F	F/M	OPEN
21-22	50M	Backstroke	TF	F/M	7 - 8
11-12	50M	Backstroke	F	F/M	11-12
13-14	50M	Backstroke	F	F/M	OPEN
23-24	50M	Backstroke	TF	F/M	9-10
17-18	100M	Butterfly	F	F/M	11-12
19-20	100M	Butterfly	F	F/M	OPEN
25-26	400M	Freestyle Relay	TF	F/M	10 & U
27-28	400M	Freestyle Relay	TF	F/M	11-12
29-30	400M	Freestyle Relay	TF	F/M	OPEN
Sunday AM	December 19		9:00 a.m		
31-32	200M	Freestyle	H	F/M	11-12
33-34	200M	Freestyle	H	F/M	OPEN
35-36	100M	Butterfly	TF	F/M	7 - 8
37-38	50M	Butterfly	H	F/M	11-12
39-40	50M	Butterfly	H	F/M	OPEN



41-42	100M	Butterfly	TF	F/M	9-10
43-44	100M	Backstroke	H	F/M	11-12
45-46	100M	Backstroke	H	F/M	OPEN
47-48	200M	Freestyle	TF	F/M	10 & U
49-50	400M	I.M. (slow heats)	TF	F/M	OPEN

Sunday PM	December 19		3:00 p.m		
31-32	200M	Freestyle	F	F/M	11-12
33-34	200M	Freestyle	F	F/M	OPEN
37-38	50M	Butterfly	F	F/M	11-12
39-40	50M	Butterfly	F	F/M	OPEN
51-52	50M	Breaststroke	TF	F/M	7 - 8
43-44	100M	Backstroke	F	F/M	11-12
45-46	100M	Backstroke	F	F/M	OPEN
53-54	50M	Breaststroke	TF	F/M	9 -10
49-50	400M	I.M. (fastest heat)	TF	F/M	OPEN
55-56	200M	Medley Relay	TF	F/M	10 & U
57-58	400M	Medley Relay	TF	F/M	11-12
59-60	400M	Medley Relay	TF	F/M	OPEN

Monday AM	December 20		9:00 a.m		
61-62	200M	I.M.	H	F/M	11-12
63-64	200M	I.M.	H	F/M	OPEN
65-66	100M	Breaststroke	TF	F/M	7 - 8
67-68	50M	Breaststroke	H	F/M	11-12
69-70	50M	Breaststroke	H	F/M	OPEN
71-72	100M	Breaststroke	TF	F/M	9-10
73-74	100M	Freestyle	H	F/M	11-12
75-76	100M	Freestyle	H	F/M	OPEN
77-78	200M	Butterfly	TF	F/M	10 & U
79-80	200M	Butterfly	H	F/M	11-12
81-82	200M	Butterfly	H	F/M	OPEN

Monday PM	December 20		4:00 p.m		
61-62	200M	I.M.	F	F/M	11-12
63-64	200M	I.M.	F	F/M	OPEN
67-68	50M	Breaststroke	F	F/M	11-12
69-70	50M	Breaststroke	F	F/M	OPEN
83-84	50M	Freestyle	TF	F/M	7 - 8
73-74	100M	Freestyle	F	F/M	11-12
75-76	100M	Freestyle	F	F/M	OPEN
85-86	50M	Freestyle	TF	F/M	9 -10



79-80	200M	Butterfly	F	F/M	11-12
81-82	200M	Butterfly	F	F/M	OPEN
87-88	200M	I.M.	TF	F/M	10 & U
89-90	800M	Freestyle Relay	TF	F/M	11-12
91-92	800M	Freestyle Relay	TF	F/M	OPEN

Tuesday AM December 21

93-94	400M	Freestyle (slow heats)	TF	F/M	OPEN
95-96	100M	Backstroke	TF	F/M	7 - 8
97-98	50M	Freestyle	H	F/M	11-12
99-100	50M	Freestyle	H	F/M	OPEN
101-102	100M	Backstroke	TF	F/M	9-10
103-104	100M	Breaststroke	H	F/M	11-12
105-106	100M	Breaststroke	H	F/M	OPEN
107-108	200M	Breaststroke	TF	F/M	10 & U
109-110	200M	Backstroke	H	F/M	11-12
111-112	200M	Backstroke	H	F/M	OPEN

9:00 a.m

Tuesday PM December 21

93-94	400M	Freestyle (fastest heat)	TF	F/M	OPEN
97-98	50M	Freestyle	F	F/M	11-12
99-100	50M	Freestyle	F	F/M	OPEN
113-114	50M	Butterfly	TF	F/M	7 - 8
103-104	100M	Breaststroke	F	F/M	11-12
105-106	100M	Breaststroke	F	F/M	OPEN
115-116	50M	Butterfly	TF	F/M	9-10
109-110	200M	Backstroke	F	F/M	11-12
111-112	200M	Backstroke	F	F/M	OPEN
117-118	200M	Freestyle Relay	TF	F/M	10&U
119-120	200M	Freestyle Relay	TF	F/M	11-12
121-122	200M	Freestyle Relay	TF	F/M	OPEN

4:00 p.m