

BULLETIN

April 25, 2024



Attention all National Federations! We would appreciate it if you could share this bulletin with your entire Aquatic Family.

Featured Athlete:

Jillian Crooks (CAY)

Swimming

Proudly representing the Cayman Islands in the global swimming arena, she's not alone in her aquatic pursuits; her older brother, Jordan Crooks, shares her passion as a competitive swimmer. In 2022, she made a significant commitment to her future by pledging to join the esteemed ranks of the University of Tennessee swim team, the Tennessee Volunteers, come autumn 2024.



She says "As I embark on my collegiate journey this fall,

I'm determined to excel in competitive swimming over the next four years. Representing my home from a young agency, the Cayman Islands, and the vibrant Caribbean fills me with pride wherever I go. My goal is to motivate children of all ages to chase their dreams in and out of the pool."









PAQ NEWS

- PAQ installs <u>Athletes, Legal and Medical Committees</u> for 2023 2027 cycle.
- PAQ attends <u>ACODEPA</u> Congress in Dominican Republic.

PAQ EVENTS

July 18 – 29, 2024	2024 PanAm MASTERS Championships, Trinidad & Tobago (TTO)	<u>Click here</u> for more information.
May 20 – 26, 2024	2024 PANAM U-19 WATER POLO Championships, El Salvador (ESA)	Click here for the Summons. Click here to Register.
August 18 – 22, 2024	2024 PANAM Age group ARTISTIC SWIMMING Championships, Lima (PER)	Click here for the Summons Click here to Register
TBD	2024 PANAM SWIMMING Age Group Championships	

Currently finalizing hosts for the 2024 and 2025 PAQ EVENTS, contact office@panamaquatics.com for more information

- PanAm Aquatics u15 Water Polo Championships (preferably August 2025) Deadline April 30, 2024, <u>Click here</u> for Bid Document
- PanAm Aquatics Open **Water Polo** Championships (preferably November 2024 March 2025) **Deadline April 30, 2024,** <u>Click here</u> for Bid Document
 - o Open Water Series (2025)
 - o Beach Water Polo Series (2025)
 - o Junior Diving Championships (2025)
 - o High Diving Junior Championships (2025)
 - o Artistic Swimming Championships (2025)









OTHER COMPETITIONS IN THE REGION

SWIMMING Bahamas National Championships June 20 – 23 (Olympic Qualifier).

2024 CCCAN Championships in Mexico (Olympic Qualifier): **SUMMONS**

WATERPOLO June 9 – 14.

SWIMMING June 16 - 21.

DIVING June 18 – 22.

ARTISTIC SWIMMING June 26 – 30.

OPEN WATER June 26 – 29.

OPEN WATER Subway Maracas Open Water Classic May 5th, in Trinidad & Tobago (1k – 5k). Click here for the Summons.

SWIMMING Puerto Rico International Open October 9 – 12, 2024 (AQUA Qualifier for World 25m Budapest). Click here for the summons.

SWIMMING Paris 2024 Olympic Games Qualifying Events – <u>find the list here</u>

SWIMMING International Opportunity hosted by Swim Ireland. Click here for more info.

WORLD AQUATICS NEWS

WATER POLO

U16 World Championships: Information Bulletin

- Men's June 18-24, 2024 in Malta click here
- <u>Click here</u> for the schedule.
- Women's June 28 July 4, 2024 in Manisa, Turkey <u>click here</u>
- Participating Countries from the Americas:
 - o Men's: USA; CAN; PER; MEX; BRA
 - o Women's: COL; MEX; PER; USA; BRA

U18 World Championships: Information Bulletin

- Men's July 2 8, 2024 in Buenos Aires, Argentina click here
- Women's August 17 24, 2024 in China click here
- Qualified Countries from the Americas:
 - o Men's: USA, BRA, ARG, CAN, COL, URU
 - o Women's: USA, BRA, CAN, ARG, MEX









OPEN WATER SWIMMING:

World Cup Series:

- 1. Soma Bay, Egypt March 23-24, 2024 click here
- 2. Golfo Aranci, Italy May 25-26, 2024 click here
- 3. Setubal, Portugal June 1-2, 2024 <u>click here</u>
- 4. Hong Kong October 26-27, 2024 click here
- 5. Israel, tbd click here

ARTISTIC SWIMMING:

World Cup Series:

- 1. Bejing, China April 5-7, 2024 click here
- 2. Paris, France May 3-5, 2025 click here
- 3. Markham, Canada May 31-June 2, 2024 click here
- 4. Super Final, Budapest, Hungary July 5-7, 2024 click here

SWIMMING:

World Cup Series:

- 1. Shanghai, China October 18-20, 2024, click here
- 2. Incheon, Republic of Korea October 24-26, 2024 click here
- 3. Singapore, October 31- November 2, 2024 click here

2024 World (25m) Championships Budapest

- December 10 15, 2024
- Qualification period August 17, 2023 November 17, 2024
- Information click here
- Application for Qualifying Events
- Qualifying events
- Qualification procedures

DIVING

World Cup Series:

- 1. Montreal, Canada February 29-March 3, 2024 click here
- 2. Berlin, Germany March 21-24, 2024 click here
- 3. Super Final, Xi'an, China April 19-21, 2024 click here

Recognized Events:

- 1. 66th International Divers' Day Rostock 2024 Rostock, Germany January 18-21, 2024 <u>click</u> <u>here</u>
- 2. 2024 American Cup, Indianapolis, IN, USA April 26-28, 2024 click here
- 3. 2024 Canada Cup of Diving, Calgary, Canada May 2-5, 2024 click here
- 4. 46th Bolzano Diving Meeting, Bolzano, Italy June 28-30, 2024 click here
- 5. 2nd Malaysia Open Diving Championships, Kuala Lumpur November 1-4, 2024 <u>click</u> <u>here</u>











HIGH DIVING

Competitions:

- 1. Brasilia, Brazil October 11 13, High Diving Cup click here
- 2. Brasilia, Brazil, October 11 13, High Diving Junior World Championships click here

RESOURCES FOR ATHLETES

- AQUA Athletes Committee Webinar: Athletes' Committee Toolkit: How to create an Athletes' Committee within your Federation.
 - May 7, 2024 13:00 CEST (Swiss time)
 - https://us06web.zoom.us/webinar/register/WN_jUyyevu5SVu8OMEm4sW0dg#/registration
 - Toolkit & Information
- > 2024-2025 World Aquatics Scholarship for Swimming, Open Water Swimming, Artistic Swimming, and Diving: **NOW ALSO FOR WP**
 - Deadline 30th April 2024.
 - <u>Click here</u> for program information for AS, SW, DV, and OW.
 - <u>Click here</u> for WP program.

Monthly webinars for clean sport organized by the INTERNATIONAL TESTING AGENCY (ITA)

April webinar

Topic: "Nutrition and clean sport"

Date: Thursday 25 April from 14h-15h CEST (Swiss time)

Register: Webinar Registration - Zoom

May monthly webinar

Topic: "Paris 2024 Anti-Doping Program"

Date: May 30, 2PM – 3PM (CET) not confirmed

Go to website for much more information on webinars and current topics: https://ita.sport/athlete-hub/

International Testing Agency Webinar of "Things you need to know for 2024".

- Webinar summary click here.
- ITA's YouTube Page click here.
- 2024 WADA Prohibited List Article "What you need to know" <u>click here.</u>









List of prohibited Substances and Methods published by WADA for 2024 Click here

Visit the <u>PAQ website</u> for all previous webinars and UNDER WATER CHATS Athletes Series

COACHES AND TECHNICAL OFFICIALS – DEVELOPMENT OPPORTUNITIES

Visit the <u>PAQ website</u> for all previous webinars and **UNDER WATER CHATS** Coaches Series

FROM OUR PARTNERS

Malmsten and World Aquatics Renew Long-standing Partnership until 2028, click here!

Fluidra: Olympic swimming pools are the gold standard for competitive swimming. If you are planning to build an Olympic swimming pool, it's key to comply with the rules and regulations from World Aquatics in order to host official competitions for the 50-m long course. Discover more about Olympic swimming pool requirements here.

You can find this and past bulletins in our website





