

RECORDS NATIONAL AGE

LC Meters-Girls

8 & U	50 Free	33.42	23-Oct-16	MAR	CHRISTANYA SHIRLEY	DEAN MARTIN MEMORIAL AB S	
	100 Free	1:16.68	29-Nov-95	SPE	ALLISON BARDOWELL	IND/JAM	
	200 Free	3:00.20	19-May-79	MAR	T.WRIGHT	JUNIOR CHAMPIONSHIPS	
	400 Free	6:35.46	24-Sep-11	SPE	PARIS CLARE	ASAJ LONG DISTANCE D.M., JAMAICA	
	800 Free	13:49.90	30-Oct-71	UNA	L.HEWITT		
	1500 Free	26:28.50	11-Apr-69	FFA	ROSIE PHILLIPS		
	50 Back	40.91	10-Dec-05	ROY	STEFANI WEBLEY	GOLD LAS LIC	
	100 Back	1:40.50	13-Nov-71	UNA	L.HEWITT		
	200 Back	3:40.63	15-Dec-18	SPE	VICTORIA VANDERLEER	CHRISTMAS BREEZER, KINGST	
	50 Breast	42.67	23-Oct-16	MAR	CHRISTANYA SHIRLEY	DEAN MARTIN MEMORIAL AB S	
	100 Breast	1:46.65	17-Dec-18	SPE	VICTORIA VANDERLEER	CHRISTMAS BREEZER, NATION	
	200 Breast	3:53.98	18-Dec-18	SPE	VICTORIA VANDERLEER	CHRISTMAS BREEZER, KINGST	
	50 Fly	36.29	21-Oct-16	MAR	CHRISTANYA SHIRLEY	DEAN MARTIN MEMORIAL AB S	
	100 Fly	1:43.13	16-Dec-17	SPE	SAVANNAH TAYLOR	CHRISTMAS BREEZER	
	200 IM	3:08.20	12-Feb-16	MAR	CHRISTANYA SHIRLEY	AGE GROUP CHAMPIONSHIPS, K	
	200 Free Relay	2:35.41	1-Mar-03	SPE	'Y' SPEEDOS	R.Hall, B.Bartley,A.Royal-Eatmon, L.Llewel	
	200 Medley Relay	2:59.00	31-Dec-69	FFA	E.ARIS,C.MCKENZIE,R.PHILLIPS,K.NEBD		
	9-10	50 Free	29.59	13-Dec-15	JAM	ZANETA ALVARANGA	T&T INVITATIONAL CHAMPIONS
		100 Free	1:06.12	17-Nov-18	MAR	CHRISTANYA SHIRLEY	WALTER LOWI MEET
		200 Free	2:26.53	15-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS
400 Free		5:00.91	15-Aug-97	PLANT	ALLISON BARDOWELL	JUNIOR OLYMPICS	
800 Free		11:53.90	21-Sep-68	UNA	C.GIBBONS		
1500 Free		22:37.20	11-Apr-69	FFA	BELINDA PHILLIPS		
50 Back		34.53	15-Dec-18	MAR	CHRISTANYA SHIRLEY	CHRISTMAS OPEN CHAMPIONSI	
100 Back		1:19.24	18-Dec-18	MAR	CHRISTANYA SHIRLEY	CHRISTMAS OPEN & BREEZER	
200 Back		2:57.39	15-Dec-18	MAR	CHRISTANYA SHIRLEY	CHRISTMAS OPEN CHAMPIONSI	
50 Breast		39.20	12-May-18	WPS	CHRISTANYA SHIR	YMCA/BK PREP/PRIMARY SCHOOL	
100 Breast		1:26.28	17-Dec-17	MAR	KOKOLO FOSTER	CHRISTMAS OPEN CHAMPIONSHIF	
200 Breast		3:09.91	27-Oct-17	MAR	KOKOLO FOSTER	DEAN MARTIN MEMORIAL MEET, J	
50 Fly		31.35	11-Dec-15	JAM	ZANETA ALVARANGA	T&T INVITATIONAL CHAMPIONS	
100 Fly		1:15.45	16-Dec-18	MAR	CHRISTANYA SHIRLEY	CHRISTMAS OPEN & BREEZER	
200 Fly		3:23.41	17-Dec-17	SPE	EMMA MARSTON	CHRISTMAS OPEN CHAMPIONSHI	
200 IM		2:50.43	14-Dec-17	MAR	KOKOLO FOSTER	TRINIDAD/TOBAGO CHAMPIONSH	
400 IM		5:41.70	9-Nov-68	UNA	C.GIBBONS		
200 Free Relay		2:05.52	17-Dec-17	MAR	MARLINS, T&T INVITATIONAL CHAMK.FOSTER,S.BROWN,G.F		
200 Medley Relay		2:22.63	16-Dec-17	MAR	MARLINS, T&T INVITATIONAL CHAMG.FRANCIS, K.FOSTER, C		
11-12		50 Free	27.53	2-Jul-16	JAM	EMILY MACDONALD	CISC BAHAMAS
	100 Free	1:00.24	1-Jul-17	JAM	ZANETA ALVARANGA	XXX CCCAN, TRINIDAD	
	200 Free	2:14.16	1-Jul-18	JAM	MORGAN COGLE	CCCAN ARUBA	
	200 Free	2:15.29	30-Jun-16	JAM	EMILY MacDONALD	CISC BAHAMAS	
	400 Free	4:46.75	26-Jun-99	FLST	ALLISON BARDOWELL	HALL OF FAME	
	800 Free	10:05.83	27-Jun-99	FLST	ALLISON BARDOWELL	HALL OF FAME	
	1500 Free	20:37.62	28-Jan-06	FAST	VICTORIA HO	FAST/FGC SPRING INVITE	
	50 Back	32.08	25-Jun-07	JAM	KENDESE NANGLE	CCCAN, EL SALVADOR	
	100 Back	1:09.73	30-Jun-07	JAM	KENDESE NANGLE	CCCAN, EL SALVADOR	
	200 Back	2:35.21	3-Jul-18	JAM	MORGAN COGLE	CCCAN, ARUBA	
	50 Breast	34.80	22-Apr-19	JAM	KOKOLO FOSTER	XXXIV CARIFTA SWIMMING BARB	
	100 Breast	1:18.51	22-Feb-19	TOR	KOKOLO FOSTER	WALTER ROGERS AGE GROUP CHA	

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11-12	200 Breast	2:49.73	16-Apr-09	JAM	DANIELLE BOOTHE	CARIFTA, ARUBA
	50 Fly	28.74	30-Jun-17	JAM	ZANETA ALVARANGA	XXX CCCAN, TRINIDAD
	100 Fly	1:05.69	29-Jun-17	JAM	SABRINA LYN	CCCAN . TRINIDAD
	200 Fly	2:36.48	17-Dec-17	TOR	SABRINA LYN	CHRISTMAS CLASSIC
	200 IM	2:36.26	24-Jun-12	JAM	ANNABELLA LYN	CISC ARUBA
	400 IM	5:21.93	30-Jun-16	JAM	LAURA LIM SANG	CISC BAHAMAS
	200 Free Relay	1:55.47	3-Apr-18	JAM	JAMAICA, CARIFTA JAMAICA	S.OFFICER,I.SIERRA,M.COGL
	400 Free Relay	4:13.74	1-Jul-18	JAM	JAMAICA,CCCAN ARUBA	S. OFFICER, I. SIERRA, I. HUNT
	800 Free Relay	10:11.80	17-Dec-18	TOR	TORNADOES, ASAJ CHRISTMAS OPEN	HUNTER, I. SIERRA, K.
	200 Medley Relay	2:13.60	27-Oct-18	TOR	DEAN MARTIN MEMORIAL	A.HEAVEN, K. FOSTER, I. SIEF
	400 Medley Relay	4:56.06	3-Jul-18	JAM	JAMAICA, CCCAN ARUBA	M. COGLE, B. HOPKINS, I. HUN
13-14	50 Free	26.48	3-Jul-18	JAM	EMILY MacDONALD	CCCAN, ARUBA
	100 Free	57.54	6-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	200 Free	2:05.07	5-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	400 Free	4:19.89	4-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	800 Free	8:58.43	6-Dec-97	BSST	JANELLE ATKINSON	U.S. OPEN
	1500 Free	18:50.01	25-May-00	FLST	ALLISON BARDOWELL	SENIOR CHALLENGE
	50 Back	31.02	22-Apr-14	JAM	ANGARA SINCLAIR	CARIFTA, ARUBA
	100 Back	1:08.19	22-Jul-08	JAM	KENDESE NANGLE	CISC, JAMAICA
	200 Back	2:29.10	13-Apr-97	JAM	JANELLE ATKINSON	CARIFTA
	50 Breast	34.14	24-Feb-19	KZN	ZANETA ALVARANGA	WALTER ROGERS AGE GROUP CI
	100 Breast	1:14.81	14-Aug-03	JAM	ALIA ATKINSON	PAN AM GAMES
	200 Breast	2:45.10	19-Apr-03	JAM	ALIA ATKINSON	CARIFTA JAMAICA
	50 Fly	27.84	21-Apr-19	JAM	ZANETA ALVARANGA	XXXIV CARIFTA SWIMMING CH.
	100 Fly	1:03.19	20-Apr-19	JAM	SABRINA LYN	XXXIV CARIFTA SWIMMING BABADC
	200 Fly	2:23.20	26-Feb-72	FFA	BELINDA PHILLIPS	
	200 IM	2:26.67	15-Aug-03	JAM	ALIA ATKINSON	PAN AM GAMES
	400 IM	5:24.80	26-Jul-01	FLST	ALLISON BARDOWELL	SPEEDO CHAMPIONS SERIES
	200 Free Relay	1:49.82	18-Apr-17	JAM	XXXIV CARIFTA BARBADOS	S. LYN, S. OFFICER, M. COGL
	400 Free Relay	4:06.08	15-Apr-17	JAM	JAMAICA, CARIFTA, BAHAMAS	G.BANKS,B.ANDERSON, S.V
	800 Free Relay	9:14.04	31-Mar-18	JAM	JAMAICA, CARIFTA	Z. ALVARANGA, A. HUNTER, S. VA
	200 Medley Relay	2:11.72	26-May-19	TOR	TORNADOES INVITATIONAL	A. HEAVEN, S. LYN, I. SIERRA
	400 Medley Relay	4:33.81	1-Apr-18	JAM	JAMAICA, CARIFTA, JAMAICA	S. VALE, S. LYN, Z. ALVARANGA
15-17	50 Free	25.95	15-Aug-08	JAM	NATASHA MOODIE	OLYMPIC GAMES, BEIJING
	100 Free	57.95	4-Apr-99	JAM	JANELLE ATKINSON	CARIFTA
	200 Free	2:01.11	3-Aug-99	JAM	JANELLE ATKINSON	PAN-AM
	400 Free	4:08.79	17-Sep-00	JAM	JANELLE ATKINSON	OLYMPIC GAMES
	800 Free	8:34.51	21-Sep-00	JAM	JANELLE ATKINSON	OLYMPIC GAMES
	1500 Free	16:22.12	22-Jun-99	BSST	JANELLE ATKINSON	SANTA CLARA
	50 Back	30.22	21-Apr-19	JAM	BRIANNA ANDERSON	XXXIV CARIFTA SWIMMING BA
	100 Back	1:05.49	2-Jul-11	JAM	KENDESE NANGLE	CCCAN, PUERTO RICO
	200 Back	2:24.05	20-Jun-11	JAM	KENDESE NANGLE	CCCAN, PUERTO RICO
	50 Breast	32.59	16-Mar-06	JAM	ALIA ATKINSON	COM.GAMES MELBOURNE
	100 Breast	1:10.95	15-Aug-04	COPF	ALIA ATKINSON	JNR NATIONAL CHAMPIONSHIPS, IR
	200 Breast	2:38.31	17-Jul-06	JAM	ALIA ATKINSON	CAC COLUMBIA
	50 Fly	27.79	17-Apr-22	JAM	MACKENZIE HEADLEY	XXXV CARIFTA CHAMPS, BAR
	100 Fly	1:02.14	16-Apr-22	JAM	SABRINA LYN	XXXV CARIFTA CHAMPS, BARBADOS
	200 Fly	2:23.07	30-Apr-00	JAM	JANELLE ATKINSON	CARIFTA
	200 IM	2:17.95	20-Jun-12	COP	ZARA BAILEY	BRITISH GAS CHAMPIONSHIPS SHEFI
	400 IM	4:53.62	27-Jun-13	COP	ZARA BAILEY	BRITISH GAS NATIONAL CHAMPIONS

RECORDS NATIONAL AGE

15-17	200 Free Relay	1:47.91	16-Apr-22	JAM	JAMAICA, CARIFTA BARBADOS	M.HEADLEY,M.COGLLE,L.W.
	400 Free Relay	3:58.87	16-Apr-22	JAM	JAMAICA,CARIFTA BARBADOS	M.HEADLEY,M.COGLLE,L.W.
	800 Free Relay	8:50.53	17-Apr-17	JAM	JAMAICA,CARIFTA, BAHAMAS	B.WILLIAMS, A.SINCLAIR, I
	200 Medley Relay	2:09.56	19-Jan-18	JAM	JAMAICA. UANA SWIMMING CUP,	FLB. ANDERSON, G. BANK!
	400 Medley Relay	4:28.81	15-Apr-22	JAM	JAMAICA, CARIFTA BARBADOS	L.WAINWRIGHT,M.HEADLE

RECORDS NATIONAL AGE

LC Meters-Boys

8 & U	50 Free	32.30	11-Dec-99	SPE	ALFORD GREEN	FFA INVITE	
	100 Free	1:12.39	10-Dec-99	SPE	ALFORD GREEN	FFA INVITE	
	200 Free	2:41.20	4-Aug-72	FFA	DEREK MARKS		
	400 Free	5:41.40	8-Oct-70	FFA	ANDREW PHILLIPS		
	800 Free	11:40.70	11-Aug-72	FFA	DEREK MARKS		
	1500 Free	22:43.20	5-Aug-72	FFA	DEREK MARKS		
	50 Back	38.67	10-May-97	SPE	TRAVIS FORTE	TORNADOES/CARIB INVITE	
	100 Back	1:32.80	8-Aug-86	MAR	JULIAN MCINTOSH	MIAMI SPRINGS	
	200 Back	3:29.52	15-Dec-18	BSEAL	JAYSON GRANT	CHRISTMAS BREEZER, KINGSTON	
	50 Breast	42.85	14-Dec-86	SPE	JULIAN MCINTOSH	SENIOR CHAMPIONSHIPS	
	100 Breast	1:41.20	21-Oct-72	FFA	DEREK MARKS		
	200 Breast	3:34.87	17-Dec-18	AQMR	KAI RADCLIFFE	CHRISTMAS OPEN & BREEZER	
	50 Fly	34.57	15-Aug-97	SPE	TRAVIS FORTE	JUNIOR OLYMPICS	
	100 Fly	1:30.03	30-Jul-90	SPE	PAUL PEAT	JUNIOR OLYMPICS	
	200 IM	3:06.80	7-Oct-70	FFA	ANDREW PHILLIPS		
	200 Free Relay	2:26.46	11-Dec-99	SPE	'Y' SPEEDOS, FFA INVITE	Do.TODD J.DEAN, R.WALTON, A.G	
	200 Medley Relay	2:49.10	19-Dec-99	SPE	D'ORO PANAMA	R. WALTON, J. DEAN, A. GREEN, J. T/	
	9-10	50 Free	29.27	18-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER
		100 Free	1:04.41	14-Dec-01	SPE	ALFORD GREEN	AGE GROUP GOLD CHALLENGE
		200 Free	2:23.09	16-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER
400 Free		5:04.45	18-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
800 Free		10:58.96	6-Oct-01	SPE	ALFORD GREEN	ASA DEVE. MEET	
1500 Free		20:36.60	5-Aug-72	FFA	ANDREW PHILLIPS		
50 Back		32.87	15-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
100 Back		1:13.34	16-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
200 Back		2:34.42	18-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
50 Breast		37.01	30-Jul-90	SPE	TSHAKA DOUGLAS	JUNIOR OLYMPICS	
100 Breast		1:24.18	30-Jul-90	SPE	TSHAKA DOUGLAS	JUNIOR OLYMPICS	
200 Breast		3:04.90	15-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
50 Fly		30.92	16-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
100 Fly		1:11.29	15-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
200 Fly		2:56.50	6-Sep-74	FFA	DEREK MARKS		
200 IM		2:38.45	17-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
400 IM		5:43.32	16-Dec-18	UNAT	BRADY LEWISON	CHRISTMAS OPEN & BREEZER	
200 Free Relay		2:05.88	7-Jul-90	JAM	CISC	B. LUE-SANG, T. DOUGLAS, M. ZEBE-CHAK	
200 Medley Relay		2:21.43	7-Jul-90	JAM	JAMAICA, CISC	B. LUE-SANG, T. DOUGLAS, M. ZEBE-	
11-12		50 Free	26.10	19-Dec-17	TOR	NATHANIEL THOMAS	ASAJ CHRISTMAS CLASSIC
	100 Free	57.43	7-Dec-02	TOR	BRAD HAMILTO	AGE GROUP GOLD LAS LICK	
	200 Free	2:10.14	18-May-02	TOR	BRAD HAMILTON	JUNIOR AB CHAMPIONSHIPS	
	400 Free	4:31.95	31-May-02	TOR	BRAD HAMILTON	BROWARD ABC INVITE	
	800 Free	9:42.07	6-Dec-02	TORR	BRAD HAMILTON	AGE GROUP GOLD LAS LICK	
	1500 Free	18:50.18	19-Apr-13	DN-FG	NICHOLAS VALE	DAVIE INVITE FLORIDA	
	50 Back	29.99	29-Jun-17	JAM	NATHANIEL THOMAS	CCCAN, TRINIDAD	
	100 Back	1:06.44	17-Apr-09	JAM	TIMOTHY WYNTER	CARIFTA ARUBA	
	200 Back	2:23.09	19-Apr-09	JAM	TIMOTHY WYNTER	CARIFTA, ARUBA	
	50 Breast	33.43	1-Jul-10	JAM	KEVAUGHN CAMPBELL	CISC CUBA	
	100 Breast	1:12.89	2-Jul-10	JAM	KEVAUGHN CAMPBELL	CISC CUBA	
	200 Breast	2:42.75	9-Jul-98	JAM	ADI ATKINSON	CISC	

RECORDS NATIONAL AGE

11-12	50 Fly	27.86	17-Dec-17	TOR	NATHANIEL THOMAS	ASAJ CHRISTMAS CLASSIC, KIN
	100 Fly	1:02.71	29-Oct-17	TOR	NATHANIEL THOMAS	DEAN MARTIN MEMORIAL MEE'
	200 Fly	2:25.83	6-Jul-02	JAM	BRAD HAMILTON	CISC
	200 IM	2:28.34	4-Jul-02	JAM	BRAD HAMILTON	CISC
	400 IM	5:13.78	13-Jun-14	DN-FG	NICHOLAS VALE	GCST SUMMER INVITAIONAL, FORI
	200 Free Relay	1:51.57	18-Dec-18	TOR	CHRISTMAS OPEN	J. MIGNOTT, A. BALFOUR, D. MAIR
	400 Free Relay	4:05.78	4-Jul-02	JAM	JAMAICA, CISC	A.GREEN .R.CHEN. J.WONG,B.HAMIL
	800 Free Relay	9:30.94	17-Dec-18	TOR	TORNADOES, CHRISTMAS OPEN & BRA.	BALFOUR, J. MIGNOT
	200 Medley Relay	2:11.04	27-May-17	TOR	TORNADOES, NEVILLE ALEXANDER	Z.JACKSON-BLAINE,N.G
	400 Medley Relay	4:38.26	13-Apr-02	JAM	JAMAICA CARIFTA BARBADOS	T. WONG,R.CHEN, B.HAMIL
13-14	50 Free	24.47	3-Jul-04	JAM	BRAD HAMILTON	CISC JAMAICA
	100 Free	53.69	16-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	200 Free	1:59.84	15-Apr-04	JAM	BRAD HAMILTON	CARIFTA, BAHAMAS
	400 Free	4:15.57	2-Jul-16	JAM	NICHOLAS VALE	CISC BAHAMAS
	800 Free	9:15.03	18-Apr-22	JAM	BENJAMIN DAVIS	XXXV CARIFTA CHAMP, BARBADO
	1500 Free	17:14.52	7-Apr-07	JAM	DOMINIC WALTER	CARIFTA JAMACIA
	50 Back	26.96	29-Jun-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	100 Back	58.87	26-Jun-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	200 Back	2:09.55	1-Jul-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	50 Breast	30.94	17-Dec-18	SPE	KITO CAMPBELL	CHRISTMAS OPEN & BREEZER
	100 Breast	1:09.48	30-Jul-17	AA	CAMERON BROWN	FLORIDA GOLD COAST SENIOR C
	200 Breast	2:33.55	7-Jul-01	JAM	DOMINIC LEE	CCCAN
	50 Fly	26.22	2-Jul-11	JAM	TIMOTHY WYNTER	CCCAN, PUERTO RICO
	100 Fly	58.49	13-Dec-15	SAS	JESSE MARSH	US WINTER JUNIOR NATIONALS EAS'
	200 Fly	2:13.33	20-Dec-15	UNTOR	JESSE MARSH	CHRISTMAS OPEN CHAMPIONSHIPS,
	200 IM	2:16.17	24-Jul-16	PC	NICHOLAS VALE	FLORIDA GOLD COAST SENIOR CH/
	400 IM	4:56.01	23-Jun-12	JAM	MATTHEW LYN	CISC ARUBA
	200 Free Relay	1:43.18	19-Apr-22	JAM	JAMAICA CARIFTA BARBADOS	C.MCINTOSH, A.NICELY, B.
	400 Free Relay	3:46.99	22-Apr-14	JAM	JAMAICA CARIFTA ARUBA	J. BLACK, J. HINES, J. MARSH,
	800 Free Relay	8:31.11	25-Apr-11	JAM	JAMAICA, CARIFTA BARBADOS	A.YOUNG, T.WYNTER, J.JAI
	200 Medley Relay	2:00.63	23-Oct-16	SPE	Y SPEEDOS DEAN MARTIN MEMORIAL	K.SINCLAIR,J.JACKSON
	400 Medley Relay	4:11.84	1-Jul-11	JAM	JAMAICA CCCAN PUERTO RICO	T.WYNTER, K.CAMPBELL, S
15-17	50 Free	23.40	27-Jul-14	SSC	JUSTIN PLASCHKA	BUFFALO SECTIONAL, BUFFALO, N
	100 Free	51.52	24-Jul-14	SSC	JUSTIN PLASCHKA	BUFFALO SECTIONAL. BUFFALO, N
	200 Free	1:53.95	6-Aug-14	HSC	NICO CAMPBELL	BRITISH GAS NATIONAL YOUTH CH
	400 Free	4:10.52	5-Aug-17	PCST	NICHOLAS VALER	2017 FUTURE CHAMPIONSHIPS, NA
	800 Free	8:54.16	30-Jun-10	JAM	DOMINIC WALTER	CISC CUBA
	1500 Free	16:40.15	30-Jun-10	JAM	DOMINIC WALTER	CISC CUBA
	50 Back	26.71	28-Aug-13	JAM	TIMOTHY WYNTER	4TH WORLD YOUTH CHAMPIONS
	100 Back	57.31	15-Jun-12	JAM	TIMOTHY WYNTER	BAHAMAS NATIONAL CHAMPION
	200 Back	2:03.05	2-Jul-16	JAM	KEANAN DOLS	CISC BAHAMAS
	50 Breast	29.91	9-Apr-07	JAM	BRAD HAMILTON	CARIFTA, JAMAICA
	100 Breast	1:07.30	10-Apr-07	JAM	BRAD HAMILTON	CARIFTA, JAMAICA
	200 Breast	2:26.88	3-Jul-04	JAM	DOMINIC LEE	CISC JAMAICA
	50 Fly	25.41	27-Jun-12	PINE	NICHOLAS VALE	FLORIDA GOLD COAST SENIOR LC (
	100 Fly	55.56	25-Jul-14	SSC	JUSTIN PLASCHKA	BUFFALO SECTIONAL, BUFFALO, N
	200 Fly	2:03.27	27-Jul-16	SYMCA	KEANAN DOLS	AQUATIC SUMMER SPLASH, ORLAN
	200 IM	2:07.04	1-Jul-16	JAM	KEANAN DOLS	CISC BAHAMAS
	400 IM	4:35.69	25-Jul-14	SYMCA	KEANAN DOLS	FLORIDA SENIOR CHAMPIONSHIPS,
	200 Free Relay	1:37.59	19-Apr-22	JAM	JAMAICA, CARIFTA BARBADOS	N.THOMAS,D.ROBE,N.DENI

RECORDS NATIONAL AGE

15-17	400 Free Relay	3:37.72	31-Mar-18	JAM	JAMAICA, CARIFTA JAMAICA	J.MARSH,K.SINCLAIR,J.HINE
	800 Free Relay	8:04.02	6-Apr-15	JAM	JAMAICA CARIFTA BARBADOS	M. LYN, B.GOREN, J.BLACK
	200 Medley Relay	1:58.33	10-May-98	TOR	K.THOMPSON,R.JAMES,Ph.BHOORASINGH,D.SCOTT	TOR/CAR
	400 Medley Relay	4:01.27	1-Apr-18	JAM	JAMAICA, CARIFTA, JAMAICA	N.VALE,C.BROWN,J.MARSH,J

RECORDS NATIONAL AGE
LC Meters-Mixed

8 & U	200 Free Relay	2:50.34	3-Mar-18	SPE	Y.SPEEDOS, SWIM JAMAICA S.M. A.D'AGUILAR, M.KENNEDY
	200 Medley Relay	3:21.28	4-Feb-18	SPE	Y SPEEDOS, KARL DALHOUSE MEM M,H,M,CHENG E-G. HUN'
9-10	200 Free Relay	2:21.33	26-Jan-19	SPE	Y SPEEDOS, KARL DALHOUSE R. CHUNG, S. TAYLOR, Z. JOI
	400 Free Relay	5:30.08	3-Mar-18	MAR	MARLINS. SWIM JAMAICA S.M. C.SHIRLEY, J.JOHNSON, J.WI
	200 Medley Relay	2:19.66	4-Feb-18	MAR	MARLINS S.C. KARL DALHOUSE J. WILKINSON, C. SHIRLEY,
11-12	200 Free Relay	1:49.70	29-Jun-17	JAM	JAMAICA .XXX CCCAN, TRINIDAD Z.ALVARANGA, P.LEWIS, J
	400 Free Relay	4:10.28	17-Apr-17	JAM	JAMAICA, CARIFTA, BAHAMAS Z. ALVARANGA, P. LEWIS, J
	200 Medley Relay	2:19.66	4-Feb-18	TOR	TORNADOES S.C. KARL DALHOUSE A. HEAVEN, J. MAIR, I. SHI
15-17	200 Free Relay	1:43.70	21-Jan-18	JAM	JAMAICA. UANA SWIMMNG CUP FLO.S. JOHNSON,.J. MARSH,
	200 Medley Relay	2:00.91	2-Apr-18	SPE	Y. SPEEDOS. KARL DALHOUSE B. ANDERSON, A. ALLEYNE.