



**GUADELOUPE 2022**

1<sup>ers</sup> JEUX DE LA CARAÏBE  
1<sup>ST</sup> CARIBBEAN GAMES



TECHNICAL MANUAL

# AQUATICS

- a- Swimming
- b- Open Water Swimming

# TECHNICAL MANUAL

THIS DOCUMENT IS SUBJECT  
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**CARIBBEAN GAMES**  
**GUADELOUPE 2022**

# SPORTS AUTHORITY



CARIBBEAN ASSOCIATION OF  
NATIONAL OLYMPIC COMMITTEES

## Executive Committee

| NOM                  | POSITION          | PAYS                    |
|----------------------|-------------------|-------------------------|
| Brian A. Lewis       | PRESIDENT         | Trinidad & Tobago       |
| Alphonso Bridgewater | VICE-PRESIDENT    | St Kitts & Nevis        |
| Keith A. Joseph      | SECRETARY GENERAL | St Vincent & Grenadines |
| Edith Cox            | TREASURER         | Turks & Caicos          |
| Alain Soreze         | MEMBER            | Guadeloupe              |
| Ytannia Wiggins      | MEMBER            | Barbados                |
| John Abramson        | MEMBER            | US Virgin Islands       |

CANOC

Caribbean Association of National Olympic Committee

Adresse :

Villa Point, Indian Bay Road, Kingstown, Box 1644, St Vincent and the  
Grenadines

+1 (784) 457-2970

## NATIONAL OLYMPIC COMMITTEES MEMBERS OF CANOC

|                           |     |                            |     |
|---------------------------|-----|----------------------------|-----|
| Antigua                   | ANT | Puerto Rico                | PUR |
| Aruba                     | ARU | St Kitts & Nevis           | SKN |
| Barbados                  | BAR | St Lucia                   | LCA |
| Bahamas                   | BAH | St Vincent &<br>Grenadines | VIN |
| Belize                    | BIZ | Suriname                   | SUR |
| Bermuda                   | BER | Trinidad & Tobago          | TTO |
| British Virgin<br>Island  | IVB | US Virgin Island           | ISV |
| Cayman Island             | CAY | Guadeloupe                 | GLP |
| Cuba                      | CUB | Martinique                 | MTQ |
| Curaçao                   | CUW | Guyane                     | FGU |
| Dominique                 | DMA | Anguilla                   | AIA |
| Republique<br>Dominicaine | DOM | Montserrat                 | MNT |
| Grenada                   | GRN | Turks & Caicos             | TKS |
| Guyana                    | GUY |                            |     |
| Haiti                     | HAI |                            |     |
| Jamaica                   | JAM |                            |     |

# LOCAL ORGANIZING COMMITTEE – CG 2022

M. Alain Sorèze  
President of Organizing  
Committee  
M. Julien Chipotel  
Project Manager CG2022

## REVIEW COMMITTEE – CG 2022

M. Erskine Simmons  
Ms. Susan Garcia  
M. Rene Romero  
M. Conrad Francis

Comité d'organisation des Jeux de la Caraïbe 2022  
Résidence de la Darse – 97110 – Pointe-à-Pitre  
COJC 2022 ®

**AQUATICS**

**FINA**  
**FEDERATION INTERNATIONALE DE**  
**NATATION**

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**CCCAN**  
**CENTRAL AMERICAN AND CARIBBEAN**  
**AMATEUR SWIMMING CONFEDERATION**

President: Felix Calderon  
[felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

**CRNG**  
**COMITE REGIONAL DE NATATION DE**  
**GUADELOUPE**

President: Gerard OLYVARY  
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## Technical Delegates

### Swimming

Sonia O'Neal – [sonpat@caribsurf.com](mailto:sonpat@caribsurf.com)

### Open Water

Tomas Haces - [Hacesg@gmail.com](mailto:Hacesg@gmail.com)

### Competition Director

Didier Icheck – [icheckdidier@gmail.com](mailto:icheckdidier@gmail.com)

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# SWIMMING

## DATE & VENUE

The swimming competition of the 1<sup>st</sup> Caribbean Games Guadeloupe 2022 will take place from Thursday June 30<sup>th</sup> to Saturday July 2 at the **Inter-municipal Pool located in Abymes, Guadeloupe.**

The events announced for the 1<sup>st</sup> Caribbean Games Guadeloupe 2022 are as follows:

### Women

| EVENTS               | MEDALS    |           |           |
|----------------------|-----------|-----------|-----------|
|                      | Gold      | Silver    | Bronze    |
| 50M FREESTYLE        | 1         | 1         | 1         |
| 100M FREESTYLE       | 1         | 1         | 1         |
| 200M FREESTYLE       | 1         | 1         | 1         |
| 400M FREESTYLE       | 1         | 1         | 1         |
| 800M FREESTYLE       | 1         | 1         | 1         |
| 200M MEDLEY          | 1         | 1         | 1         |
| 400M MEDLEY          | 1         | 1         | 1         |
| 50M BACK             | 1         | 1         | 1         |
| 100M BACK            | 1         | 1         | 1         |
| 200M BACK            | 1         | 1         | 1         |
| 50M BREASTSTROKE     | 1         | 1         | 1         |
| 100M<br>BREASTSTROKE | 1         | 1         | 1         |
| 200M<br>BREASTSTROKE | 1         | 1         | 1         |
| 50M BUTTERFLY        | 1         | 1         | 1         |
| 100M BUTTERFLY       | 1         | 1         | 1         |
| 200M BUTTERFLY       | 1         | 1         | 1         |
| OPEN WATER – 5KM     | 1         | 1         | 1         |
| <b>TOTAL MEDALS</b>  | <b>17</b> | <b>17</b> | <b>17</b> |

## Men

### EVENTS

### MEDALS

|                      | Gold      | Silver    | Bronze    |
|----------------------|-----------|-----------|-----------|
| 50M FREESTYLE        | 1         | 1         | 1         |
| 100M FREESTYLE       | 1         | 1         | 1         |
| 200M FREESTYLE       | 1         | 1         | 1         |
| 400M FREESTYLE       | 1         | 1         | 1         |
| 1500M FREESTYLE      | 1         | 1         | 1         |
| 200M MEDLEY          | 1         | 1         | 1         |
| 400M MEDLEY          | 1         | 1         | 1         |
| 50M BACK             | 1         | 1         | 1         |
| 100M BACK            | 1         | 1         | 1         |
| 200M BACK            | 1         | 1         | 1         |
| 50M<br>BREASTSTROKE  | 1         | 1         | 1         |
| 100M<br>BREASTSTROKE | 1         | 1         | 1         |
| 200M<br>BREASTSTROKE | 1         | 1         | 1         |
| 50M BUTTERFLY        | 1         | 1         | 1         |
| 100M BUTTERFLY       | 1         | 1         | 1         |
| 200M BUTTERFLY       | 1         | 1         | 1         |
| OPEN WATER – 5KM     | 1         | 1         | 1         |
| <b>TOTAL MEDALS</b>  | <b>17</b> | <b>17</b> | <b>17</b> |

## Mixed

| <b>EVENTS</b>        | <b>MEDALS</b> |               |               |
|----------------------|---------------|---------------|---------------|
|                      | <b>GOLD</b>   | <b>SILVER</b> | <b>Bronze</b> |
| RELAY 4X100 – MEDLEY | 4             | 4             | 4             |
| RELAY 4X100          | 4             | 4             | 4             |
| <b>TOTAL MEDALS</b>  | <b>8</b>      | <b>8</b>      | <b>8</b>      |

|                     | <b>GOLD</b> | <b>SILVER</b> | <b>BRONZE</b> |
|---------------------|-------------|---------------|---------------|
| TOTAL WOMEN         | 17          | 17            | 17            |
| TOTAL MEN           | 17          | 17            | 17            |
| TOTAL MIXED         | 8           | 8             | 8             |
| <b>TOTAL MEDALS</b> | <b>42</b>   | <b>42</b>     | <b>42</b>     |

## COMPETITION SYSTEM

The swimming competition consists of thirty-six (**36**) events: 17 women's events, 17 men's events and 2 mixed events. The 50m and 100m series will always open the competition sessions followed by the timed-ranked finals of the 200m, 400m, 800m and 1500m events. The 50m and 100m finals will always take place after a 30-minute break before the end of the meeting by the Mixed Relays.

## JUDGES AND TECHNICAL OFFICIALS

The jury of appeal will be composed before each meeting. It will be led by **Mrs. Sonia O'NEAL** from Barbados, for the swimming race, and **Mr. Tomas Haces** from Cuba for the open water. The invited countries will be able to nominate a person to join the jury of appeal.

It will be composed among others of the head of the jury of appeal and two people drawn from among the candidates proposed by the countries.

The 4 technical officials (starters and referees) will be officials recognized by FINA: one provided by the French Swimming Federation, and the other three will come from the Caribbean region.

## REGULATIONS

During the whole competition, swimming race and open water, we will apply the FINA regulations.

A Jury of Appeal will be formed for each event.

This jury of appeal will have full authority to respond to and resolve any interpretations, disputes, or complaints.

## CLAIMS

All protests to a Referee's decision must be made within 30 minutes following the conclusion of the event, signed by the responsible team delegate, and accompanied by a deposit of USD\$55.00.

## AGE OF ATHLETES

To participate in this U23 competition, athletes must be born between Jan 01st 2000 and 31st December 2007.

## QUOTA

According to the quota established by CANOC, the swimming competitions will have a maximum of one hundred and forty-five **(145)** athletes of both sexes.

## REGISTRATION

All countries, through the respective NOC, must send their Sports' registration applications in the official forms that the Organizing Committee will send in a timely manner no later than 00h.00 (Guadeloupe time) on **January 30, 2022**. The sports in which they will participate in the Caribbean Games "Guadeloupe 2022" must be indicated.

## NUMERICAL REGISTRATION

All countries, through the respective Olympic Committee, must send their registration requests on the official forms which the Organizing Committee will send in due course.

The digital registration forms (indicating the number of participants in each: individual and team event) must be sent to the organizing committee of the 1st Caribbean Games

Guadeloupe 2022 on or before the deadline date: before midnight (Guadeloupe time) **March 30, 2022.**

## NOMINAL AND FINAL ENTRIES

### REGISTRATION

For each eligible athlete to participate in the 1st Caribbean Games Guadeloupe 2022, a nominative registration form must be completed.

These forms must be completed by the NOCs and sent to the organizing committee before midnight (Guadeloupe time) **May 30, 2022.**

Each NOC will have to send its digital entry and personal entry forms on the official forms provided by the organizing committee, which will be sent 6 months before the Games (Jan 2022). For any questions or clarification on this subject, please contact the LOC via email: [julien.chipotel@crosguadeloupe.org](mailto:julien.chipotel@crosguadeloupe.org).

### PARTICIPATION

Only the NOCs recognized by CANOC, and whose national federations are affiliated with the Central American and Caribbean Swimming Confederation (CCCAN) can enter swimmers in the swimming competition of the 1st Caribbean Games Guadeloupe 2022.

### MAXIMUM NUMBER OF COMPETITORS

According to the quota established by CANOC, swimming competitions will have a maximum of one hundred and forty-five (145) athletes of both sexes. NOCs and recognized associate members may enter five (5) best competitors for the whole competition without exceeding 145 competitors.

If, after the closing of registrations, it turns out that the number of registered athletes exceeds the number of 145, the entries should be ranked by FINA points by time and the slowest times eliminated. If this results in elimination of an NF from the Games then that NF should be allowed a token universality entry of one male and one female: 2 swimmers.

## STANDARDS & ELIGIBILITY

Countries will be allowed to submit a maximum of 5 swimmers. These athletes must be the one that have achieved the best times during the previous years (proof requested) except for Guadeloupe athletes, who, as host country, will be automatically qualified, with respect still of the 5 swimmers' maximum rule.

If, after the closing of registrations, it turns out that the number of athletes is below the number of 145, the international technical delegate for CGG 2022 and CANOC will offer to willing countries the addition of a maximum of three (3) swimmers, for a maximum of eight (8) swimmers per countries allowed.

## MIXED RELAYS

The relays will be composed of 2 Women and 2 Men from the same nation.

## OPENING OF THE POOL

### **Swimming**

The pools will be open 90 minutes before the start of the events and close 20 minutes before the start of the competition.

### **Free water**

Warm-up 60 minutes before the start of the race.



## COMPETITION SCHEDULE

| Day                   | Time                                       | Event                 | Phase                 |       |
|-----------------------|--|-----------------------|-----------------------|-------|
| June 30 <sup>th</sup> | 17:30                                      | 100m Breaststroke F/M | Heat                  |       |
|                       |  | 50m FS F/M            | Heat                  |       |
|                       |  | 1500m FS (M)          | Time-ranked           |       |
|                       |  | 200m Medley F/M       | Time-ranked           |       |
|                       |  | 200m Back F/M         | Time-ranked           |       |
|                       | <b>REST / MEDAL CEREMONY</b><br>30 minutes |                       |                       |       |
|                       |  |                       | 100m Breaststroke F/M | Final |
|                       |  | 50m NL F/M            | Final                 |       |
|                       | <b>REST / MEDAL CEREMONY</b><br>20 minutes |                       |                       |       |
|                       |  | Relay mixed 4 x 100   | Final                 |       |
| July 1 <sup>st</sup>  | 17:30                                      | 50m Breaststroke F/M  | Heat                  |       |
|                       |  | 100m Back F/M         | Heat                  |       |
|                       |  | 100m Butterfly F/M    | Heat                  |       |
|                       |  | 800m FS (F)           | Time-ranked           |       |

|                              |                              |                           |                   |       |
|------------------------------|------------------------------|---------------------------|-------------------|-------|
|                              |                              | 400m Medley F/M           | Time-ranked       |       |
|                              |                              | 200m FS F/M               | Time-ranked       |       |
| <b>REST / MEDAL CEREMONY</b> |                              |                           |                   |       |
| <b>30 minutes</b>            |                              |                           |                   |       |
|                              |                              | 50m Breaststroke<br>F/M   | Final             |       |
|                              |                              | 100m Back F/M             | Final             |       |
|                              |                              | 100m Butterfly F/M        | Final             |       |
| <hr/>                        |                              |                           |                   |       |
| July 2 <sup>nd</sup>         | 17:30                        | 50m Back F/M              | Heat              |       |
|                              |                              | 50m Butterfly F/M         | Heat              |       |
|                              |                              | 100m FS F/M               | Heat              |       |
|                              |                              | 400m FS F/M               | Time-ranked       |       |
|                              |                              | 200m Breaststroke<br>F/M  | Time-ranked       |       |
|                              |                              | 200m Butterfly F/M        | Time-ranked       |       |
|                              | <b>REST / MEDAL CEREMONY</b> |                           |                   |       |
|                              | <b>30 minutes</b>            |                           |                   |       |
|                              |                              |                           | 50m Back F/M      | Final |
|                              |                              |                           | 50m Butterfly F/M | Final |
|                              |                              |                           | 100m FS F/M       | Final |
|                              | <b>REST / MEDAL CEREMONY</b> |                           |                   |       |
| <b>20 minutes</b>            |                              |                           |                   |       |
|                              |                              | Relay Mixed 4 x 100<br>FS | Final             |       |

## AWARDS

The prizes will be awarded in accordance with the regulations of CANOC Chapter XIX:

- a) To the winner, a gold medal, and a certificate of participation
- b) In second place, a silver medal, and a certificate of participation
- c) In third place, a bronze medal, and a certificate of participation
- d) From fourth to eighth place, a certificate of participation

# OPEN WATER

## DATE & VENUE

The Open Water competition of the 1<sup>st</sup> Caribbean Games Guadeloupe 2022 will take place on Sunday July 3 at the **Anse Tabarin beach located in Gosier, Guadeloupe.**



## COMPETITION SYSTEM

The open water competition consists of a 5 km race of two (2) loops of 2,5 kms.

## COMPETITION SCHEDULE

### **Open Water – 5km – 2 loops of 2,5kms**

|                      |       |                 |
|----------------------|-------|-----------------|
| July 3 <sup>rd</sup> | 8 :15 | Registration    |
|                      | 9 :00 | Circuit details |

|  |        |                   |
|--|--------|-------------------|
|  | 9 :30  | Start of the race |
|  | 11 :00 | Awards            |

## QUOTA

According to the quota established by CANOC, each NOC participating will have to make one **(1)** male swimmer and one **(1)** female swimmer participate to the Open Water competition, within the one hundred and forty-five **(145)** athletes' global quota.

## AGE OF ATHLETES

To participate in this U23 competition, athletes must be born between Jan 01st 2000 and 31st December 2007.

## AWARDS

The prizes will be awarded in accordance with the regulations of CANOC Chapter XIX:

- a) To the winner, a gold medal, and a certificate of participation
- b) In second place, a silver medal, and a certificate of participation
- c) In third place, a bronze medal, and a certificate of participation
- d) From fourth to eighth place, a certificate of participation

## ANTIDOPING

The Caribbean Games Anti-Doping regulations are prepared by the CANOC Medical and Anti-Doping Commission in conjunction with the Caribbean RADO and reviewed by WADA.

## ON-SITE SUPPORT

The Organizing Committee will bear the onsite logistic costs (accommodation, meals, transportation) of the delegations from **June 27 to July 4, 2022.**

Please contact us if you would like an earlier arrival /late departure so that we can help with your extra stay if necessary. Note that all additional costs before and after the dates that will fall under the responsibility of the CG 2022 are the full responsibility of your delegation.

## PARTICIPATION AND REGISTRATION FEES

### 1. Delegation Registration Fee by Sport

Each NOC must pay LOC, twenty-five US Dollars (**25.00 USD**) per sport in which it shall participate in respect of rights of registration for the Games.

### 2. Registration Fee per Participant

Each NOC and Associate Member must pay LOC, five US Dollars (**5.00 USD**) per participant registered for the Games.

### 3. Fee for Accommodation and Food

Each NOC and AM must pay fifteen US Dollars (**15.00 USD**) daily as a fee for Accommodation and Food for each participant that will reside in the Village per member of its delegation. The days of stay shall be counted from the moment that each

member checks into the designated Village up to the day of check-out.

## COVID-19 PROTOCOLS TO GET IN GUADELOUPE\*

Foreign citizens can travel to the French Overseas Territories depending on their vaccination status and the health situation of their country.

To date, the classification of the country is as follows:

- **"Green"** countries / territories: countries / territories in which no active circulation of the virus is observed, and no variants of concern have been identified. These are the countries of the European area, to which are added Saudi Arabia, Australia, Bahrain, Brunei, Canada, Chile, the Comoros, South Korea, Hong Kong, Japan, Jordan, Lebanon, New Zealand, Singapore, Taiwan, Ukraine, Uruguay, and Vanuatu.
- **"Orange"** countries / territories: countries / territories in which active circulation of the virus is observed in controlled proportions. These are all countries / territories that are not included in the lists of "green" and "red" countries / territories.
- **"Red"** countries / territories: countries / territories in which active circulation of the virus is observed with the presence of variants of concern. These are the following countries / territories: Afghanistan, South Africa, Algeria, Argentina, Bangladesh, Brazil, Colombia, Costa Rica, Cuba, Georgia,

Indonesia, Iran, Maldives, Morocco, Mozambique, Namibia, Nepal, Pakistan, Democratic Republic of Congo, Russia, Seychelles, Suriname, Tunisia, and Turkey.

The control rules that are applied to travelers derive from common law and depend on the categorization of the country:

Ø for "**green**" countries, a negative **PCR test of less than 72 hours** or a **negative antigen test of less than 48 hours** is required for all passengers. In addition, IF you are NOT FULLY VACCINATED, you will also need a **7-day prophylactic isolation commitment**.

Ø for "**orange**" countries, a negative **PCR test of less than 72 hours** or a **negative antigen test of less than 48 hours** is required for all passengers. In addition, IF you are NOT FULLY VACCINATED, you will also need a **compelling reason, duly justified** according to a pre-established list, and a **7-day prophylactic isolation commitment**.

Ø for the "**red**" countries with high circulation of the virus, no resumption of traffic. The resumption of international air and sea links is linked to the commitment of companies (air and sea) to carry out checks on compliance with the conditions to be met by passengers before their departure.

*\*to this day - subject to change*



Document prepared

By the Technical Department of the 1st Caribbean Games

Prepared by:

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Johan Nigard

International Technical Delegates

Competition Director

CG2022 Review Committee

# GEOGRAPHICAL COORDINATES OF GUADELOUPE

|   |             |
|---|-------------|
| <b>Latitude</b>                           | 16°11'31" N |
| <b>Longitude</b>                          | 61°16'20" O |
| <b>Average annual temperature</b>         | 27°C        |
| <b>Annual average minimum temperature</b> | 22,6°C      |
| <b>Annual average maximum temperature</b> | 30,6°C      |

| <b>Surinse</b> | <b>Sunset</b> | <b>Solar noon</b> | <b>Day length</b> |
|----------------|---------------|-------------------|-------------------|
| 05 :37         | 18 :42        | 12h10             | 13h 5min          |

**Time Zone UTC-04 :00**

**The official currency in Guadeloupe is the Euro (€)**

