



ASAJ CHRISTMAS OPEN AND CHRISTMAS BREEZER 2018
DECEMBER 15-18, 2018 @ THE NATIONAL AQUATIC CENTRE
COMBINATION OF THE CHRISTMAS MEETS

Additional Rules and Regulations:

1. The Christmas Open and the Christmas Breezer will be run concurrently but scored as two separate meets.
2. Swimmers may only swim in one meet.
3. The number of volunteers per club to work as meet officials will be determined by the total number of swimmers of both meets together.

COMBINED PROGRAMME
FOR CHRISTMAS OPEN AND CHRISTMAS BREEZER 2018
DECEMBER 15-18, 2018

SATURDAY AM

1	800 M Freestyle (slow heats) TF	F OPEN
2	1500M Freestyle (slow heats) TF	M OPEN
75 - 76	100 M Freestyle TF	F/M 8 & under
3 - 4	200 M Breaststroke H	F/M 10-12
5 - 6	200 M Breaststroke H	F/M OPEN
77 - 78	100 M Freestyle TF	F/M 9-10
7 - 8	50 M Backstroke H	F/M 10-12
9 - 10	50 M Backstroke H	F/M OPEN
79 - 80	200 M Backstroke TF	F/M 10 & under
11 - 12	100 M Butterfly H	F/M 10-12
13 - 14	100 M Butterfly H	F/M OPEN

SATURDAY PM

1	800 M Freestyle (fastest heat)	F OPEN
2	1500M Freestyle (fastest heat)	M OPEN
81 - 82	100 M Freestyle TF	F/M Masters
3 - 4	200 M Breaststroke F	F/M 10-12
5 - 6	200 M Breaststroke F	F/M OPEN
83 - 84	50 M Backstroke TF	F/M 8 & under
7 - 8	50 M Backstroke F	F/M 10-12
9 - 10	50 M Backstroke F	F/M OPEN
85 - 86	50 M Backstroke TF	F/M 9-10
11 - 12	100 M Butterfly F	F/M 10-12
13 - 14	100 M Butterfly F	F/M OPEN
87 - 88	50 M Backstroke TF	F/M Masters
89 - 90	4x100 Freestyle Relay TF	F/M 10 & under
15 - 16	4x100 Freestyle Relay TF	F/M 10-12
17 - 18	4x100 Freestyle Relay TF	F/M OPEN

SUNDAY AM

19 - 20	200 M Freestyle H	F/M 10-12
21 - 22	200 M Freestyle H	F/M OPEN
91 - 92	100 M Butterfly TF	F/M 8 & under
23 - 24	50 M Butterfly H	F/M 10-12
25 - 26	50 M Butterfly H	F/M OPEN
93 - 94	100 M Butterfly TF	F/M 9-10
27 - 28	100 M Backstroke H	F/M 10-12
29 - 30	100 M Backstroke H	F/M OPEN
95 - 96	200 M Freestyle TF	F/M 10 & under
31 - 32	400 M I.M. (slow heats) TF	F/M OPEN

SUNDAY PM

19 - 20	200 M Freestyle F	F/M 10-12
21 - 22	200 M Freestyle F	F/M OPEN
97 - 98	100 M Butterfly TF	F/M Masters
23 - 24	50 M Butterfly F	F/M 10-12
25 - 26	50 M Butterfly F	F/M OPEN
99 - 100	50 M Breaststroke TF	F/M 8 & under
27 - 28	100 M Backstroke F	F/M 10-12
29 - 30	100 M Backstroke F	F/M OPEN
101 - 102	50 M Breaststroke TF	F/M 9-10
31 - 32	400 M I.M. (fastest heat) TF	F/M OPEN
103 - 104	50 M Breaststroke TF	F/M Masters
105 - 106	4x50 Medley Relay TF	F/M 10 & under
33 - 34	4x100 Medley Relay TF	F/M 10-12
35 - 36	4x100 Medley Relay TF	F/M OPEN

MONDAY AM

37 - 38	200 M I.M. H	F/M 10-12
39 - 40	200 M I.M. H	F/M OPEN
107 - 108	100 M Breaststroke TF	F/M 8 & under
41 - 42	50 M Breaststroke H	F/M 10-12
43 - 44	50 M Breaststroke H	F/M OPEN
109 - 110	100 M Breaststroke TF	F/M 9-10
45 - 46	100 M Freestyle H	F/M 10-12
47 - 48	100 M Freestyle H	F/M OPEN
111 - 112	200 M Butterfly TF	F/M 10 & under
49 - 50	200 M Butterfly H	F/M 10-12
51 - 52	200 M Butterfly H	F/M OPEN

MONDAY PM

37 - 38	200 M I.M. F	F/M 10-12
39 - 40	200 M I.M. F	F/M OPEN
113 - 114	100 M Breaststroke TF	F/M Masters
41 - 42	50 M Breaststroke F	F/M 10-12
43 - 44	50 M Breaststroke F	F/M OPEN
115 - 116	50 M Freestyle TF	F/M 8 & under
45 - 46	100 M Freestyle F	F/M 10-12
47 - 48	100 M Freestyle F	F/M OPEN
117 - 118	50 M Freestyle TF	F/M 9-10
49 - 50	200 M Butterfly F	F/M 10-12
51 - 52	200 M Butterfly F	F/M OPEN
119 - 120	50 M Freestyle TF	F/M Masters
121 - 122	200 M I.M. TF	F/M 10 & under
53 - 54	4x200 Freestyle Relay TF	F/M 10-12
55 - 56	4x200 Freestyle Relay TF	F/M OPEN

TUESDAY AM

57 - 58	400 M Freestyle (slow heats) TF	F/M OPEN
123 - 124	100 M Backstroke TF	F/M 8 & under
59 - 60	50 M Freestyle H	F/M 10-12
61 - 62	50 M Freestyle H	F/M OPEN
125 - 126	100 M Backstroke TF	F/M 9-10
63 - 64	100 M Breaststroke H	F/M 10-12
65 - 66	100 M Breaststroke H	F/M OPEN
127 - 128	200 M Breaststroke TF	F/M 10 & under
67 - 68	200 M Backstroke H	F/M 10-12
69 - 70	200 M Backstroke H	F/M OPEN

TUESDAY PM

57 - 58	400 M Freestyle (fastest heat) TF	F/M OPEN
129 - 130	100 M Backstroke TF	F/M Masters
59 - 60	50 M Freestyle F	F/M 10-12
61 - 62	50 M Freestyle F	F/M OPEN
131 - 132	50 M Butterfly TF	F/M 8 & under
63 - 64	100 M Breaststroke F	F/M 10-12
65 - 66	100 M Breaststroke F	F/M OPEN
133 - 134	50 M Butterfly TF	F/M 9-10
67 - 68	200 M Backstroke F	F/M 10-12
69 - 70	200 M Backstroke F	F/M OPEN
135 - 136	50 M Butterfly TF	F/M Masters
137 - 138	4x50 Freestyle Relay TF	F/M 10 & under
71 - 72	4x50 Freestyle Relay TF	F/M 10-12
73 - 74	4x50 Freestyle Relay TF	F/M OPEN